

Curriculum Vitae

Name	Dr. Anjana Javali (PT)
Current Designation	Assistant Professor, Department of Paediatric Physiotherapy KLE Academy of Higher Education and Research Institute of Physiotherapy
Contact Information	Department of Paediatric Physiotherapy, KAHER Institute of Physiotherapy, JNMC Campus, Nehru Nagar Belagavi- 590010, Karnataka Email Id: anjanajavali.pt@gmail.com
Professional Summary	Physiotherapist with over 2.5 years of academic and clinical experience in pediatric and neurophysiotherapy. Skilled in early intervention, developmental assessment, and management of children with Cerebral Palsy, DMD, Developmental Delay, and Brachial Plexus Injury, Stroke, TBI. Demonstrated expertise in research mentorship, curriculum development, and innovative teaching–learning methodologies to enhance student engagement and clinical reasoning
Core Competencies & Skills	<ul style="list-style-type: none">● Strong Communication and Interpersonal Skills● Leadership and Mentoring Abilities● Hands-on Clinical Instruction● Posture and Gait Analysis● Pediatric and Neurophysiotherapy Assessment & Intervention● Research Design and Academic Writing● Implementation of Innovative Teaching–Learning Methods

PROFESSIONAL EXPERIENCE**March 2024-Present**

Assistant Professor, Department of Paediatric Physiotherapy

KLE Academy of Higher Education and Research Institute of Physiotherapy

Role:

- Assistant Professor at the Department of Pediatric Physiotherapy
- Class Co-ordinator of the MPT-I year
- Mentored students for research projects
- Experience in assessing and treating high risk infants, conditions like Cerebral Palsy, DMD, Developmental Delay, Brachial Plexus Injury, TBI
- Implementation of New Teaching Learning Methods

February 2023- March 2024

Lecturer, Nanjappa Institute of Physiotherapy, Shivamogga

Role:

- Tailored lectures to meet student needs, emphasizing skills and concepts necessary for professional and academic success.
- Mentored students with research projects and case presentations

Total Teaching Experience

2 year 11 months

PROFESSIONAL EDUCATION**2020-2022**

MPT in Neurological and Psychosomatic Disorders- JSS College, Mysore (Rajiv Gandhi University of Health Sciences)

Dissertation: Estimating values of energy expenditure index in community dwelling spinal cord injury survivors using self-selected wheelchair propulsion technique**Guide:** Dr. Sandeep P H

<p>2015-2019</p>	<p>Bachelor of Physiotherapy- SDM College of Physiotherapy, Dharward (Rajiv Gandhi University of Health Sciences)</p> <p>Internship Project: Literature review on effects of closed kinematic chain exercises in post-anterior cruciate ligament reconstruction surgery</p>
<p>RESEARCH EXPERIENCE</p>	
<ul style="list-style-type: none"> ● Research Assistant for Besoz Study [MATCHI- Maternal Interaction, Culture & Child] (2025) ● Behavioral Rating Scale Coder for RAPIDIRON-KIDS Study (2025) 	
<p>GUIDE: Guided 3 Interns project [Completed- 02; Ongoing 01]</p>	
<p>ADDITIONAL POST HELD: Member of Executive Council (EC) of KAHER</p>	
<p>ACTIVELY INVOLVED IN THE COLLEGE ACTIVITIES</p> <ul style="list-style-type: none"> ● Co-ordinator of MPT-I year ● Member of Curriculum Committee ● Member of IQAC [Criteria-VI], KIPT ● Member of Gender Equality Committee 	
<p>PAPER AND POSTER PRESENTATIONS</p> <ul style="list-style-type: none"> ● Presented a paper on “Correlation of Scapular Dyskinesia and workplace productivity in Bankers: An Observational Study” at Karnataka Physiocon, Bangalore 2025. ● Presented a poster on “ AI-driven Tool for Early Detection of Developmental Delay” at MedTech Hackathon organized by KAHER, Belagavi on 30th August 2024. ● Presented a poster on “Estimating normative values of energy expenditure for spinal cord injury survivors using self-selected wheelchair propulsion technique: a pilot study” at IFNRCON 2022. ● Presented a poster on “Indirect methods of calculation of energy expenditure index during wheelchair propulsion in spinal cord injury survivors: A scoping review” in IAP national conference 2022, Kolkata ● Secured second prize in poster presentation competition in National Cerebral Palsy Conference, Mysuru on 29.10.2021. 	

WORKSHOPS ATTENDED

- Innovative Teaching Learning Methods conducted by Department of Physiotherapy Education on 09-08-2025, KAHER Institute of Physiotherapy
- CME Program on “Little Hearts, Big Strides: Paediatric Cardiac Rehabilitation” organized by Ramaiah College of Physiotherapy co- hosted by Society of Cardiovascular and Pulmonary Rehabilitation on 25th August 2025.
- UDEHP workshop on Entrepreneurship skills for Healthcare Professionals on 24-03-2025
- UDEHP workshop on “Triathlon- the Quest for SystematicReviews” on 2nd and 3rd April 2024
- UDEHP workshop on Balancing Professional and Personal Life on 22-10-2024
- UDEHP workshop on “Monitoring metrics for an effective Mentorship Program” on 20-08-2024
- Workshop on Neurodevelopmental Therapy organized by Department of Paediatric Physiotherapy by resource person Dr. Asha Chitnis from 20th to 23rd June 2024.
- Workshop on InternationalClassification of Functioning, Disability and Health (ICF) on 16th and 17th October 2024