

VINUTA HARPAHALLI

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A dedicated physiotherapist holding a Master's degree in Community Physiotherapy, with a rich background in geriatrics, rheumatology, oncology, industrial health and women's health and emphasis on preventive strategies for lifestyle disorders. Committed to promoting health and wellness through in-depth knowledge and practical experience to provide tailored care and support within diverse community settings while delivering targeted care within diverse populations and settings."

PROFESSIONAL QUALIFICATION

2021-2023

MASTERS IN COMMUNITY PHYSIOTHERAPY

SDM COLLEGE OF PHYSIOTHERAPY (SHRI DHARMASTHALA MANJUNATHESHWARA UNIVERSITY), Karnataka

First year: Various physiotherapy department postings in such as musculoskeletal, community-based rehabilitation, CVTS, pediatrics and neurology.

Second year: Elective posting in CBR department and various in-patient and out-patient departments- Obstetrics-Gynecology Wards and Labor Wards, Rheumatology, Oncology, General Surgery, Nephrology, Urology and Hematology.

Out Posting:

1. **Banashankari Vanaprastha Ashram** home for the aged, run by Mahishi Trust, Dharwad, Karnataka
2. **SDM Rural Health Training Centre, RHTC, Yadwad, Dharwad**

Thesis: Perception Vs Reality: A study to analyze the physical activity levels in desk job workers

2016-2020

BACHELOR OF PHYSIOTHERAPY

NEOTECH INSTITUTE OF PHYSIOTHERAPY (SHRI GOVIND GURU UNIVERSITY), Gujarat

Internship: Clinical and observational practice done in various department of SSG Hospital, Vadodara, Gujarat

Thesis: To Study the Efficacy of Bowen Therapy Vs MFR on Pain and Functional Outcomes in Trapezitis- A Comparative Study

COURSES/CERTIFICATIONS

2022



Certified Invasive Female Pelvic Floor Rehab Specialist by WOW IIPRE

2023



Certified in Craniofacial Pain and TMJ Disorders/Dysfunctions

CAMPS

1. Geriatric screening camp for Musculoskeletal disorders (2022 & 2023) by SDM Hospital Community Physiotherapy Unit along with the Community Medicine Department at Pudukalkatti village, Karnataka
2. Disability evaluation camp (2023) by SDM Hospital Community Physiotherapy Unit along with the NGO EQUIP India team at Ganjigatti village, Karnataka
3. Pediatric screening camp (2023) by SDM Hospital Community Physiotherapy Unit along with the NGO EQUIP India team at Muttagi village, Karnataka
4. Diabetic screening camp by SDM Hospital Community Physiotherapy Unit along with the Diabetology Clinic at SDM Hospital Campus, Sattur, Dharwad, Karnataka

CONFERENCE/ Symposium

1. Mangalore Physiocon 2022 International Physiotherapy conference – Theme: Normalizing life Post COVID-19
2. International symposium on “Early Intervention and Family Centered services: Bridging the Gap to Participation and Inclusion for Children with Disabilities” organized by Manipal College of Health Professionals in 2023
3. Symposium on “Multimodal Approach Towards Rheumatoid Arthritis” organized by SDM College of Physiotherapy in 2023

SKILLS

- Empathy and Compassion
- Communication
- Clinical assessment
- Designing a Patient Care Plan
- Providing intervention
- Health education and guidance
- Documentation of clinical notes and patient files
- Proficient in Computer Skills

ACTIVITIES

- Presented a poster titled “SQUAMMODE: Step Up to a Healthy Bowel” on National Science Day 2023 organized by SDM University
- Presented a poster titled “Unlocking Gut-Joint Axis for a healthier life” at Physiotherapy week 2023 organized by SDM College of Physiotherapy