

CURRICULUM VITAE

DR. POOJA R.URANKAR

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Career Objective:

I am committed, caring and friendly Physiotherapist with a great passion for helping people of all ages. I have previous experience in supporting a variety of patients ranging from children suffering from development problems to adults and the elderly affected by and recovering from injuries and movement disorders.

Professional Profile:

Strong communicator, self- motivated, results driven with an enthusiastic attitude towards successfully supporting the organization's overall mission.

Education:

| COURSE | INSTITUTION | BOARD | AGGREGATE | YEAR OF PASSING |
|-----------|---|---|-----------|-----------------|
| MPT (CBR) | SDM University, Dharwad | SDM University, Dharwad | 57.57% | 2023 |
| BPT | SDM College of Physiotherapy Dharwad | RGUHS, Bangalore | 56.85% | 2019 |
| PUC | Presentation Girls Composite college, Dharwad | Department of Pre-University Education, Bangalore | 61% | 2014 |
| SSLC | Presentation Girls High School, Dharwad | Karnataka Secondary Education Examination Board | 79.84% | 2012 |

Training/Skills: Exposure to Academics

Has exposure in various sub branches of community physiotherapy like in general surgery and general medicine, women's health physiotherapy, neurology and psychosomatic physiotherapy, orthopaedic physiotherapy ,nephrology, hematology, rheumatology, urology, diabetic care geriatric care and rehabilitation, cancer rehabilitation, autoimmune diseases treatment and rehabilitation, health promotion, fitness and lifestyle disorders.

Professional Efficiency:

- Possesses around two years of working experience in the above mentioned field.
- Ability to build good relationship with students and patients from diverse backgrounds.
- Possesses excellent problem solving and practical skills.
- Work effectively with diverse group of people.
- Ambitious, hardworking and committed to excellence.

Professional Experience:

Kshemavana Wellness centre, Nelamangala, Bangalore

As Clinical Physiotherapist
A Clinical Training Program

Workshops & Conferences Attended:

- 1) International symposium –Manipal College of Health Professionals, MAHE, 16thto 17th February 2023 “Early intervention and family centered services – Bridging the gap to participation and inclusion for children with disabilities.
- 2) Has attended webinar series A Paradigm Shift Towards Holistic Health in Women- Sancheti Institute College of Physiotherapy, 3rd September to 3rd December 2022
- 3) Has attended workshop on Re- think pain: current evidence and advances in the area of pain- S.D.M. College of Physiotherapy 28th May 2022
- 4) Workshop- Advanced orthopaedic physical therapy- PILON IASTM AND CHIROPRACTIC APPLICATION on 29th August 2023.
WEBINAR SERIES
- 5) “Computer game based exercise programme in rehabilitation of manual dexterity and dual task balance and gait training” on 18th April 2023.
- 6) Practical demonstration of application of pressure mat and use of neuro functional software in children and adult with neurological condition on 20th April 2023.
- 7) Clinical lecture on BMJ CASE REPORT AND RESEARCH TO PUBLICATION on 13th May 2023.
- 8) Webinar on “Physical therapy documentation “on 13th May 2023.
- 9) Hands on workshop on “ROLE OF PHYSIOTHERAPY IN CRANIOFACIAL AND TMJ DISORDERS” on 8th July 2023.
- 10) “Management of CP in UK “by alumni Dr. Deepshikha Tripathi on 13th July 2023
- 11) Webinar on Beyond borders- bridging educational and professional worlds in physiotherapy on 8th August 2023
- 12) Webinar on Beyond borders- bridging educational and professional worlds in physiotherapy on 5th August 2023.
- 13) Symposium on Multimodal approach towards Rheumatoid arthritis on 7th September at SDM College of Medical Sciences and Hospital.
- 14) Second Prize winner in National science day held in February 2023.

Clinical Responsibilities:

- ✓ Taking students of Under Graduation level (BPT) for clinical postings in hospital.
- ✓ Demonstration of therapeutic exercises and modalities on patients for different intervention.

Personal details:

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| Name | Pooja R. Urankar |
| Father’s name | Ramesh Urankar |
| Mother’s name | Kavita Urankar |
| Date & Place of Birth | 03November1995,Dharwad (Karnataka, India) |
| Nationality | Indian |
| Language Proficiency | English, Hindi, Marathi, Kannada. |
| Interests and Hobbies | Listening Music and cooking. |

Declaration:

I hereby declare that the information furnished above is correct to the best of my knowledge.

Date:

Place: Dharwad

(POOJA R.URANKAR)

