

# Dr.Sayali N Patil (PT)

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# Education

#### Bachelor Of Physiotherapy (BPT)

Jul 2015 - Jan 2020

Dr. D.Y. Patil College of Physiotherapy, Pune

Four years with six months of rotatory internship, completed in January 2020 included-

Five months at Dr. D.Y. Patil Hospital, Pimpri which included- Outpatient Departments of Orthopedics, Neurology and Pediatrics and In-patient departments like Surgical and Cardiac ICUs, General Surgery, Medicine, Obstetrics and Gynecology, etc.

One month was completed in Ruby Hall Clinic Pune in October 2019. Total CGPA – 6.52 Percentage: 64%

#### Maters of Physiotherapy in Oncology

Sep 2020 - Sep 2022

KLE Institute of Physiotherapy, Belagavi

Two years of clinical practice in Belgaum Cancer Hospital and KLE's Dr. Prabhakar Kore Hospital and MRC, focusing on prehabilitation, supportive care during and after Chemotherapy, and Radiation therapy and its side effects including lymphedema. Trained professional in providing rehabilitation to a wide range of head and neck, breast, gastrointestinal, gynecological, urological, neurological, bone tumor resection and reconstruction surgeries along with hematological cancer management including stem cell transplantation with restorative and/or palliative intent. MPT 1st Year -64.44% MPT 2nd Year-77.5%

# Employment

Intern Ruby Hall Clinic, Pune Oct 2019 - Oct 2020

Observer Shree Sai Fitness Centre, Pune (Kalewadi)

Nov 2019 - Jan 2020

Intern Apr 2021 - May 2021 HealthCare Global Enterprises Ltd(HCG) Comprehensive Cancer Care Hospital, Bangalore

Focused on cancer rehabilitation during and after anticancer treatments of patients in ICU, IPD, OPD, and Day Care Setup.

### Work Experience

#### Since September 2022

1.5 Year experience as a Physiotherapist In Deenanath Mangeshkar Hospital Pune

## Personal details

Date of birth October 5th, 1997

Gender Female

Nationality Indian

### Skills

Critical Thinking Skills

Creative Thinking Skills

Management Skills

Time Mangement Skills

Empathy

Teamwork Skills

Patient Assessment

Goal Oriented Protocol Formation

Protocol execution and Progression

Patient Education

#### Courses

**Basic and Advanced Pilates Instructor** Nov 2019 Training Basic and Advanced Aerobics Instructor Nov 2019 Training, **Basic Diet and Nutrition** Nov 2019 Certificate Course in Orthopedic Manual Sep 2018 Therapy (COMT) **Therapeutic Taping** Aug 2018 MFR Basic and Advanced Apr 2018 Basic Life Support Provider, by American Jan 2019 **Heart Association** Reiki and Pranic healing workshop Nov 2020 Depression and Anxiety Assessment, Jun 2022 Counseling, and Application of Cognitive **Behavioral Therapy** Certificate course in Lymphedema Aug 2023 Management from Tata Memorial Hospital Mumbai

### Languages

English

Hindi

Marathi

Kannada

### Publications

Article published in the Indian Journal of Palliative Care in March 2022 titled "Role of Manual Therapy For Neck Pain and Quality Of Life in Head and Neck Cancer Survivors: A Systematic Review."

