

CURRICULUM VITAE

Dr. Ashwini Shivanand Bulbuli BPT, OBG-MPT (PhD)

Professor

KLE Institute of Physiotherapy

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Life member of Indian Association of Physiotherapy (IAP): L- 40271

Working experience- 12.3 years

PERSONAL DETAILS

Date of birth: 01/08/1986

Address: A12/7 Building JNMC Quarters, Nehru Nagar Belagavi

Date of appointment: 15th October 2013

Language known: English, Hindi, Kannada and Marathi

Marital status: Married

CAREER OBJECTIVE

To excel in my field through hard work, research, skills and perseverance. To obtain a position of responsibility that utilizes my skills and experience and keen to work in an environment where I can enrich my knowledge as well as to serve my patients and my country with the best of my ability.

ACADEMIC DETAILS

Institution	Board/ University	Degree
KAHER Institute of Physiotherapy, Belagavi	KLE University, Belagavi	Pursuing Ph.D. since 2022
KLE'S Institute of Physiotherapy, Belagavi	KLE University, Belagavi	Master of Physiotherapy(OBG)
KLE'S Institute of Physiotherapy, Belagavi.	RGUHS Bangalore	Bachelor's In Physiotherapy
Basavprabhu Kore PU college, Chikodi	Government of Karnataka, Bangalore	HSC(12 th)
R.M Girls High School, Chikodi	Government of Karnataka, Bangalore	SSLC

WORKSHOP , CONFERENCES ,SEMINAR ATTENDED, PARTICIPATED

1. Attended Workshop on **“PHYSIOTHERAPY IN WOMEN’S HEALTH”** Organized by Dr. TMA Pai Endowment Chair in Exercise Science and Health Promotion, Physiotherapy, SOAHS, Manipal University, Manipal on 28th September 2013.
2. Attended **UDEHP** workshop on **“PERSONALITY DEVELOPMENT AND EMOTIONAL QUOTIENT”** organized by KLE’S Institute of Physiotherapy, Belgaum on 22nd & 23rd November 2013
3. Attended **UDEHP** workshop on **“NABL ACCREDITATION FOR RESEARCH CENTERS”** organized by basic science research center Belgaum on 22nd November 2013
4. Participated in Hands on CPE workshop on **“PHYSIOTHERAPY FOR PREGNANCY, BIRTH AND BEYOND”** organized by Nitte Institute of Physiotherapy on 3rd May 2014
5. Attended **UDEHP** workshop on **“Organizational & Managerial skills”** organized by Department of Public Health JNMC Belagavi on 7th & 8th April 2014.
6. Attended and participated **ADVENTURE CAMP** organized by **GOVT. OF HIMACHAL PRADESH**, Atal Bihari Vajpayee of Mountaineering & Allied Sports Manali-175131 from 14th September to 23rd September 2014
7. Attended **UDEHP** workshop on **“SELF MANAGEMENT SKILLS”** organized by KLE’S Institute of Physiotherapy, Belagavi on 17th & 18th November 2014
8. Attended and participated workshop on **“PREGNANCY AND PHYSIOTHERAPY”** organized by the department of Obstetrics and Gynecology Physiotherapy on 4th & 5th March 2015
9. Attended **UDEHP** workshop on **“SKILLS DEVELOPMENT IN LEADERSHIP, ADMINISTRATION SCHOLARSHIP”** organized by JNMC College Belagavi on 16th May 2015.
10. Attended **International Conference** on **“MATERNAL HEALTH ISSUES AND TRANSCULTURAL COMPETENCIES IN MIDWIFERY PRACTICE”** organized by Dept., of OBG Nursing on 28th & 29th October 2015
11. Attended **UDEHP** workshop on **“FITNESS EVALUATION AND PRESCRIPTION FOR HEALTH PROFESSIONALS”** organized by KLE’S Institute of Physiotherapy, Belgaum on 27th & 28th November 2015
12. Attended and participated **54TH IAP CONFERENCE AT SHIRDI-2016** on 19th, 20th & 21st February 2016.
13. Attended and participated in training of **M²T-BLADE IASTM, FITNESS. Movement** on 30th & 31st May 2016
14. Attended **UDEHP** workshop on **“STRESS MANAGEMENT AND RELAXATION”** organized by KLE’S Institute of Physiotherapy, Belgaum on 17th & 18th June 16, 2016.
15. Attended **UDEHP** workshop on **“Work Ethics And Culture”** organized by KLE’S Institute of Physiotherapy, Belgaum on 7th April 2017
16. Attended **UDEHP** workshop on **“Hydrotherapy –A stress Buster”** organized by KLE’S Institute of Physiotherapy, Belgaum on 11th August 2017
17. Attended 1st **National Workshop on Enhancement of Quality of Health Science Journals** on 15th September 2017
18. Attended and participated workshop on **“Clinical Pilates Module-1 Back Care”** organized by KLE’S Institute of Physiotherapy, Belgaum on 17th and 18th November 2017. The workshop was conducted by Revive Physical Health & Wellness, India
19. Attended and participated in training of basic seminar for **“Matrix Rhythm Therapy”** on 22nd December 2017.
20. Attended **UDEHP** workshop on **“Technology trends for future learning”** organized by KLE’S Institute of Physiotherapy, Belagavi on 5th March 2018.
21. Attended and participated workshop on **“Research Methodology and Synopsis writing”** organized by KLE’S Institute of Physiotherapy, Belagavi on 9th and 10th March 2018.

22. Attended **UDEHP** workshop on “**Interdisciplinary approach towards recent advancements in clinical research**” organized by KLE’S Institute of Pharmacy College, Belagavi on 3rd May 2018.
23. Attended **UDEHP** workshop on “**Classroom Management**” organized by KLE’S Institute of Physiotherapy, Belagavi on 9th July 2018.
24. Attended and participated workshop on “**Problem based Learning**” organized by KLE’S Institute of Physiotherapy, Belgaum on 21st and 22nd December 2018.
25. Attended workshop on “**Case Based Learning**” organized by KLE’S Institute of Physiotherapy, Belgaum on 16th January 2019
26. Attended and participated workshop on “**Research Methodology**” organized by KLE’S Institute of Physiotherapy, Belgaum on 10th September 2019
27. Attended and participated workshop on “**Trans-vaginal Rehabilitation**” organized by KLE’S Institute of Physiotherapy, Department of OBG Physiotherapy Belagavi on 17th September 2019 to 19th September 2019
28. Attended **UDEHP** workshop on “**Equipping tomorrow’s Doctor’s With soft Skill –What Faculty Needs To Know**” organized by KLE’S Institute of Physiotherapy, Belagavi on 19th October 2019
29. Attended and participated workshop on “**integrated and ethics n clinical research and publication**” organized by **ICMR RIU UNIT-ICMR NEW Delhi & KLE Academy of higher Education and research**, Belagavi on 8th November 2019
30. Attended and participated **11th National conference on Health Professions Education 2019** held from 21st to 23rd November 2019 at KLE Centenary Convention Centre Belagavi
31. Attended and participated UDEHP workshop on “**Innovative Pedagogies For Powerful Teaching**” on 26th February 2020
32. Attended online “**Aquacentric webinar**” from 27th April 2020 to 7th May 2020
33. Attended online Webinar “**Lactation rehabilitation**” on 9th June 2020
34. Attended National Webinar on “**Yoga for Mental and Physical Health**” on 28th June 2020
35. Attended and participated Lecture on “**Technology trends for developing E content**” on 8th July 2020
36. Attended and participated Virtual workshop on “**E-Content Development on Google drive**” on 22nd July 2020.
37. Attended “**Advanced Excel**” online Training program from 20th July to 24th July 2020
38. Attended national Education Policy on 11th August 2020 on zoom platform
39. Attended Faculty development program, Teaching, Learning and Assessment Methods on 18th & 19th September 2020
40. Attended **Online NPTEL** Exam on 18th December 2020 and cleared
41. Attended **International Physiotherapy E Conference- Quadrans 2021** on 27th February 2021
42. Organized online guest lecture on “**Nutrition in Postmenopausal Women**” by the speaker Mariam Lakdawala on 24th April 2021
43. Organized Online guest lecture on “**Career guidance**” on 14th June 2021 by the speaker Vinay Lhase Mr. Vinay Lhase, Head of Central Govt exam department at Karnataka coaching Centre, Belagavi
44. Organized and attended guest lecture on “**Imaging techniques in OBG**” by the speaker Dr. Hema Patil, Associate Professor, Dept. of OBG, JNMC Belagavi
45. Attended **UDEHP** Workshop on “**Research Methodology & Grant Writing**” on 25th & 26th November 2021
46. Attended **UDEHP** workshop on “**Be a Stress Free Teacher-A Stress Management Session**” on 29th November 2021

47. Organized and attended Webinar on “**Uterine Prolapse**” by the speaker Dr. Rozina Shaikh, on 17th December 2021
48. Organized “**Lactation rehabilitation**” online Workshop on 11th January 2022. Guest speaker was Dr.Harshita Reddy, Hyderabad.
49. Attended UDEHP organized by KIPT on 24th March 2022 on topic Workplace **Environment & Mental health**
50. Attended DOPE Workshop **Professional Development** on 22April 2022, organized by KIPT Department of Physiotherapy education
51. Certification course done on **Reiki I, II and Master/Teacher Program** on 25th May 2022
52. Attended UDEHP workshop on “**Systemic Review and Meta-Analysis**” on 3rd September 2022 KINS Belagavi
53. Attended workshop on Multivariate Statistical Method and Research Methodology from 15th to 17th November 2022 at JNMC Campus Belagavi Dept. of epidemiology and biostatistics
54. Attended **Intensive Course in Research Methodology and Biostatistics** from 21st November to 26th December 2022 at JNMC Campus
55. Attended UDEHP workshop on “**Intellectual Property Rights**” on 3rd May 2023 organized by KIPT Belagavi
56. Attended **National Intellectual Property Awareness Mission** on 6th June 2023 at JNMC
57. Attended & Participated in **National Symposium** on Interdisciplinary approach to antenatal care organized by the dept. of Prasooti & Streeroga on 8th & 9th September 2023
58. Attended & Participated in Workshop “Prepare Birth and Care” conducted on 25th January 2024 at KAHER Institute of Physiotherapy Belagavi
59. Attended **UDEHP** workshop on “Revitalizing curricula in Health Professionals” on 29th April 2024
60. Attended Workshop “Hands on Pessary Insertion for organ prolapse” on 3rd June 2024 at KAHER Institute of Physiotherapy Belagavi
61. Attended and presented paper in National level Medtech Hackthon organized by KLE incubation centre at KLE Belagavi on 30th August 2024
62. Attended 2 days **ICF Workshop** organized by KLE Institute of Physiotherapy Belagavi on 16th & 17th October 2024
63. Attended **UDEHP** workshop on Balancing professional & personal life on 22nd October 2024
64. **Trained** in Fitness-Diet nutrition, **Pilates instructor trainer & Aerobics instructor** training from 24^h November -27th November 2024
65. **Attended & Participated** in 62nd Annual National Conference of IAP held on 15th & 16th February 2025 at Nashik
66. **Attended & Participated** in Karnataka Physiocon 2025 an International Physiotherapy Conference on 25th & 26th April 2025 at Bengaluru
67. **Attended UDEHP** workshop on Upholding Professionalism in workplace etiquette organized by KLE Dental college Belagavi on 16th May 2025
68. **Attended and participated in K-CAT Certification** course on 24th & 25th May 2025
69. **Chairperson for** Imbalance in reciprocal firing of muscles – A potential cause for injuries in sports on 21st November 2025 at International Pearl Physiocon 2025 conference
70. **Chairperson for** Translating urodynamic evidence into practice: enhancing the scope of pelvic floor physiotherapy on 22nd November 2025 at International Pearl Physiocon 2025 conference
71. **Panelist for the** - Challenge in the rehabilitation of elderly cervix cancer survivor in the community (others) at International Pearl Physiocon 2025 conference on 21st & 22nd November 2025

72. **Judge for the PG paper presentation** at International Pearl Physiocon 2025 conference on 21st & 22nd November 2025
73. **Attended UDEHP** “workshop on Application of AETCOM for PG students for Physiotherapy Education” at KAHER Institute of Physiotherapy, Belagavi on 25th November 2025

RESEARCH CONTRIBUTIONS

1. Guide for intern project Screening of postnatal depression- a clinical trial
2. Guide for intern project on Screening of body mass index and functional flatfoot in adults- an observational study
3. Guide for intern project Evaluation of gait parameters and balance in obese Down syndrome- an observational study
4. Guide for intern project Prevalence of Osteoarthritis of knee in post-menopausal women in rural and urban areas of Belagavi- a cross sectional study
5. Guide for intern project - Immediate effect of spray and stretch technique on acute trapezitis: (an experimental study)
6. Guide for intern project- Effect of IASTM Using M2T blade on acute heel pain: A pilot study
7. Guide for intern project-Comparison Of Myofascial Release And IASTM Using M2t Blade On Acute Heel Pain: A Randomized Controlled Trial
8. Guide for intern project- Effect of Hoffman’s Exercise on flat or inverted nipples in immediate postpartum mothers- A randomized controlled trail.
9. Guide for intern project- Effect of Extracorporeal Shock wave Therapy in subjects with chronic Trapizitis in college going students- A Randomized controlled Trail
10. Guide for intern project- Effect of butekyo breathing exercise and coherent breathing exercise for primary dysmenorrhea- A randomized clinical trail
11. Guide for PG Project- Prevalence of Interscapular pain during breast development phase in adolescent school going girls from 13-16 years of age
12. Guide for PG Project- Effect of dry cupping on physical symptom of headache in the premenstrual syndrome among females in the age group of 18-26 years: A randomized controlled trail.
13. Guide for Intern: Screening for postural instability during puerperal period in women: A cross sectional study
14. Guide for PG: Prevalence of premenstrual Dysphoric disorder – A cross sectional study
15. Guide for PG: Prevalence of cyclic mastalgia and its correlation to psychological distress in young female – an observational study
16. Guide for PG: Correlation of pelvic floor muscle strength with sexual function in Primigravid & Multigravid women- an observational study
17. Guide for PG Correlation of polycystic ovarian syndrome with pubertal age, BMI, central obesity & physical activity in young females – an observational study
18. Guide for PG: Correlation of parity and mode of delivery with pelvic floor dysfunction – a cross sectional study
19. Effect of Changes in Physical Activity and Diet During The covid 19 Pandemic On Menstrual Health in females aged 18-24 years- An Retrospective study

20. Correlation of thumb length with hand grip strength, pinch grip strength and hand dexterity in Physiotherapist- An observational study
21. Effectiveness of 3-week Neuromuscular core training on Proprioception Peak Muscle Torque and Lower Quadrant alignment in Subjects with Patellofemoral Pain Syndrome: A Clinical Trial
22. Mindfulness Meditation in Combination with Routine Physiotherapy for Managing Insomnia and Pain in Gynecological Cancer patients: A Clinical Trial
23. Effect of isometric exercises on premenstrual syndrome- An Experimental study
24. Effect of High Intensity Interval training on premenstrual syndrome- An Experimental Study
25. Effect of Abdominal binder on Constipation in early Puerperium Period- A Pilot Study
26. Association of core muscle strength in menopausal women with urge incontinence- An Observational study
27. Effect of pelvic floor rehabilitation in women with primary vaginismus - A Clinical trial
28. Effect of brain gym exercises on menstrual distress – a Randomized Controlled Trial
29. Prevalence of mastalgia among female athletes in Belagavi city
30. Effect of pelvic floor-rehabilitation in women with primary vaginismus - A Clinical trial
31. Effect of brain gym exercises on menstrual distress – A Randomized Controlled trial
32. Prevalence of climacteric symptoms in perimenapousal women and its effect on quality of life- an observational study
33. Developing a questionnaire to evaluate attitude menstruation among adolescent girls
34. Effect of blood flow restriction training on groin pain in football players- Pre-post study
35. Effect of Oketani Massage Vs. Integrated breast massage on postpartum women with breast engorgement: A Randomized controlled trial
36. Immediate effect of Craniosacral therapy on postpartum neck pain -An experimental study
37. Effect of Pilates on pain and quality of life in menstrual disorders –A systemic review
- 38. Designing, developing and validation of conical silicon coated vaginal dilator with thermochromic properties**
- 39. Intramural Project-Screening of anemia and anemia-related fatigue in late postpartum women in Belagavi district**

PUBLICATIONS-24

1. Effect of Therapeutic Ultrasound and Maternal Cooling Gel Pad for Perineal Pain Following Vaginal Delivery with Episiotomy. Published in Journal of Women's Health Care. 2013. Volume 2 • Issue 3 • 1000128
2. Screening of body mass index and functional flatfoot in adult: an observational study. Published in International Journal of Physiotherapy and Research, Year: 2015 | Volume 3 |Issue3|PageNo.1037-1041Date of Publication: 11-06-2015DOI: 10.16965/ijpr.2015.133
3. A randomized clinical trial to evaluate the effect of therapeutic ultrasound and low level laser therapy on perineal pain following vaginal delivery with episiotomy. Published in South Asian federation of obstetrics and gynecology (SAFOG). September- December 2015; 7(3):152-156
4. Evaluation of gait parameters and balance in obese Down syndrome- an observational study. Published in Indian Journal of Physiotherapy & Occupational Therapy, October-December. 2016, Vol. 10, No. 4, Page no 102-106
5. Prevalence of Osteoarthritis of knee in post-menopausal women in rural and urban areas of Belagavi- a cross sectional study. Published in Indian Journal of Physiotherapy & Occupational Therapy, October-December. 2016, Vol. 10, No. 4, Page no 6-10
6. Immediate Effect of Spray and Stretch Technique on Trapezits: An Experimental Study. Published in International Journal of Medical science and clinical research, Page 20591-20596 Volume 05 Issue 04 April 2017
7. Effect of IASTM Using M2T Blade on Acute Heel Pain: A Pilot Study, Published in International Journal of Medical science and clinical research, Page 20631-20636, Volume 05 Issue 04 April 2017
8. Comparison of Myofascial Release and IASTM usingM2T Blade on Heel Pain: A Randomized Controlled Trial Published in Indian Journal of Applied Research, page no 13-18 Volume 7 Issue 10 October 2017.
9. Effect of Hoffman's Exercise on flat or inverted nipples in immediate postpartum mothers- A randomized controlled trail. Published in Indian Journal of Physiotherapy & Occupational Therapy, July-September 2018, page No: 82-92 Volume 12, Number 3.
10. Immediate effect of Buteyko breathing exercise and coherent breathing exercise on subjects with primary dysmenorrheal: A randomized clinical trial published in Journal of Exercise Science & Physiotherapy, Vol 15 No1 (January to June) 2019, page No: 62-65
11. Correlation between Interscapular Pain during the Breast Development Phase, Cup Size, and Thoracic Index in Adolescent School Girls from 13 to 16 Years of Age published in Indian Journal of Physiotherapy Research, Vol 2, Issue 1, page number 31-34
12. Prevalence of Premenstrual Dysphoric Disorder – A Cross sectional study published in International Journal of Science and Research (IJSR), Vol 10, Issue 10, October 2021, pg. no: 616-619
13. Pelvic floor Muscle strength and Sexual Function in Primigravid and Multigravid Women: An observational study published in Caspian Journal of reproductive Medicine, 2021, 7(1):8-12
14. Effect of Abdominal Binder on Constipation in the Early Puerperium Period: A Pilot Study published in Indian Journal of Physical therapy and Research | Volume 4 | Issue 2 | July-December 2022. Page no: 150-154
15. Correlation of Core Muscle Strength with Urge Incontinence in Menopausal Women: An Observational Study published in Indian Journal of Physical therapy and Research| Volume 5 | Issue 1 | Jan-June 2023. Page no: 84-87
16. Prevalence of Vaginismus In Female Reproductive Age Group of 20-35 years- An Observational Study" published in SAFOG journal | 2024; 16(2):198-201
17. Effect of Russian current and structured exercise program on postpartum diastasis recti abdominus: A case series published in IJAHSP journal| 2024; 22; 22(2)

18. Effect of Callisthenic Exercises vs. Yoga on Health Related Quality of Life, Lipid Profile, Anthropometric Measurements and ultrasonography Findings in Polycystic Ovarian Syndrome: A Research protocol published in JCDR journal 2024; 18(8); 1-4
19. Development and validation of a questionnaire to evaluate attitude about menstruation among adolescent girls. The Journal of Indian Association of Physiotherapists; Volume XX, Issue XX, Month 2024; 1-5
20. **Bulbuli, Ashwini**; Chabada, Nisha; Kaladgi, Nikita; Niralagi, Prachi. Prevalence of Mastalgia among Female Athletes in Belagavi City: An Observational Study. Indian Journal of Physical Therapy and Research 6(2): p 177-181, Jul–Dec 2024. | DOI: 10.4103/ijptr.ijptr_74_23
21. Desai V, **Bulbuli A**. Prevalence of Climacteric Symptoms in Perimenopausal Women and Its Effects on Quality of Life: An Observational Study. J Health Allied Sci NU. doi: 10.25259/JHS-2024-9-13-(1555)
22. **Bulbuli A**, Chajju N, Ghatage N, Hadgal N. Effect of Blood Flow Restriction Training on Groin Pain in Football Players. J Sport Biomech 2025; 11 (2):192-206. URL: <http://biomechanics.iauh.ac.ir/article-1-394-en.html>
23. Kokate VA, **Bulbuli A**. Effect of Pelvic Floor Rehabilitation in Women with Primary Vaginismus: A Clinical Trial. J South Asian Feder Obs Gynae 2025; 17 (4):475-480.
24. Manjunath H, **Bulbuli AS**, Naik S. Correlation of parity and mode of delivery with pelvic floor dysfunction: a cross-sectional study. Int J Physiotherapy. 2025; 12(4):330–334. doi:10.15621/ijphy/2025/v12i4/1944.

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1. **40510/2024-CO/L**-Kannada and Marathi Translation Of Adolescent Menstrual Attitude Inventory Questionnaire
2. **28009/2024-CO/L**-6 Step Craniosacral Therapy For Alleviating Postpartum Neck Pain
3. **4178/2024-CO/L**-Adolescent Menstrual Attitude Inventory Questionnaire (Amai-Q)
4. **LD4327/2025**-Diacore Protocol (Diastasis Core Recovery Protocol)
5. **LD-20250173226**-Development and Validsation of a questionnaire to assess the knowledge, Attitude and Perception of male population towards Polycystic ovarian syndrome
1. **Patent**: Design No: 454727-001- THERMOCHROMIC VAGINAL DILATOR DEVICE

PAPER AND POSTER PRESENTATIONS-07

1. Presented poster on Effect of Therapeutic Ultrasound and Maternal Cooling Gel Pad for Perineal Pain Following Vaginal Delivery with Episiotomy in National conference on Orthopedic Manual Therapy and Physiotherapy update 2011
2. Presented paper on a randomized clinical trial to evaluate the effect of therapeutic ultrasound and low-level laser therapy on perineal pain following vaginal delivery with episiotomy in National conference on Physiotherapy update 2012.
3. Presented paper on Evaluation of gait parameters and balance in obese Down syndrome- an observational study in 54th Annual Conference of the IAP, Shirdi -2016
4. Presented Paper on Effect of Yoga on Ultrasonography findings in Polycystic ovarian syndrome (PCOS) -Case Report in National Symposium on Interdisciplinary approach to antenatal care organized by the dept. of Prasooti & Streeroga on 8th & 9th September 2023
5. Presented paper in National level Medtech Hackthon organized by KLE incubation Centre at KLE Belagavi on 30th August 2024
6. Presented paper on Effect of callisthenic exercise on PCOS- a Pre post study National conference of 62th IAP Conference at Nasik on 15th & 16th February 2025

7. Presented paper on Effect of extracorporeal shockwave therapy in college going students with chronic neck pain at Karnataka Physiocon 2025 at Bengaluru on 25th and 26th April 2025

RESOURCE PERSON-10

1. Participated as a resource person for the workshop on “**PREGNANCY AND PHYSIOTHERAPY**” organized by the department of Obstetrics and Gynaecology Physiotherapy on 4th& 5th March 2015
2. Participated as a resource person for the workshop on “**Research Methodology & Synopsis Writing**” organized by Department of Physiotherapy Education and Research Committee on 9th and 10th March 2018.
3. Participated as a resource person for the workshop on “**Research Methodology & Synopsis Writing**” organized by Department of Physiotherapy Education and Research Committee on 5th- 7th October 2018.
4. Participated as a resource person for the workshop on “**Research Methodology & Synopsis Writing**” organized by Research Committee on 10th September 2019.
5. Participated as a resource person for the workshop on “**Research Methodology & Synopsis Writing**” organized by Research Committee on 5th to 7th October 2020.
6. **Resource person** for one day **National Webinar on Quality Lifestyle Management During Covid-19 organized** by KLE’s Society’s RLS & Khel –KPESA on 1st June 2021
7. Participated as a resource person for the workshop on “**Research Methodology & Synopsis Writing**” organized by Research Committee on 22nd October 2021
8. Participated as a resource person for the workshop on “**Research Methodology**” organized by Research Committee on 28th March 2022
9. Participated as a resource person for the workshop on “**Research Methodology**” organized by Research Committee on 28th March 2023
10. Participated as a resource person for the workshop on **OSPE/OSCE** on 19th December 2024 organized by Hubballi Physiotherapy College

OTHER CURRICULUM ACTIVITIES

- Incharge of CPE documentation 2014
- Incharge of question bank 2014
- Incharge of art & literary and Cultural committee of KLE Institute of Physiotherapy 2015-2016
- Organizing member of Trinity 2016
- Incharge of Designing committee of Trinity 2016
- Cultural committee member of Trinity 2016
- Won 2nd prize in throw ball women in annual sports 2013
- Won 2nd prize in Badminton singles held during annual sports 2013
- Won 3rd prize in Badminton doubles held during annual sports 2013
- Attended and participated **ADVENTURE CAMP** organized by **GOVT. OF HIMACHAL PRADESH**, Atal Bihari Vajpayee of Mountaineering & Allied Sports Manali-175131 from 14th September to 23rd September 2014
- Won 1stprize in Badminton mixed held during annual sports 2015

- Won 1st prize in Badminton doubles held during annual sports 2015
- Won 1st prize in Badminton mixed held during annual sports 2015
- Won 2nd prize in Badminton singles held during annual sports 2015
- Conducted dysmenorrhea camp in school in January 2015
- Organized guest lectures on various topics on Placement cell activity 2017-2019
- Got appreciation letter from Shantai Vrudhashram, old house in 2016
- Organized and attended Guest Lecture on Over Active Bladder on 27th May 2017
- Had organized guest lectures
- Had got Certification of Appreciation for conducting Intercollegiate Cultural competition on 10th October 2017, 2019
- DOPE Member 2017
- Won 1st prize in Badminton for teaching staff 2018 (University level)
- Won 3rd prize in table tennis for teaching staff in 2018 (University level)
- Student Council College Cultural Incharge- 2017-2020
- BPT Final year Coordinator 2018- 2019
- Placement Cell Incharge 2018-2021
- NAAC criteria 1 Incharge 2019-2024
- Entertainment Member 2020-2022
- Stalk verification member 2020-2022
- Member curriculum Committee 2021-2025
- Member Research Committee 2021-2022
- Member anti ragging Committee 2021-2026
- Member Institutional R & D Committee 2022
- Member Institutional Discipline committee 2022-2025
- Member of University anti-ragging committee 2022-2026
- In charge warden for PNP Girls Hostel since 2022
- Member of Catering committee 2023-2026
- Intern coordinator: 2022-2023
- BPT 1st year Coordinator 2023-24
- Member of **BOS** 2022-2024
- Stalk verification in charge 2024-2025
- Member BOM 2024-2026
- Incharge Accommodation and travel at Pearl Physiocon 2025 November 21st & 22nd
- Member for catering committee at Pearl Physiocon 2025 November 21st & 22nd
- Member of scientific Committee at Pearl Physiocon 2025 November 21st & 22nd
- MOU Coordinator of KIPT 2025-26
- **Academic Council Member** at **KAHER University** 2025-2028
- Incharge of Travel & Accommodation of Pearl International Conference held on 21st & 22nd November 2025
- Member of Catering committee of Pearl International Conference held on 21st & 22nd November 2025
- Member of scientific committee of Pearl International Conference held on 21st & 22nd November 2025
- Judge for the PhD paper Presentation at Pearl International Conference held on 21st & 22nd November 2025

- Panel discussion member- topic on vaginal cancer awareness at community at Pearl International Conference held on 21st & 22nd November 2025

WORK EXPERIENCE :12.3 years

- Worked as consultant Physiotherapist in Vijaya Orthopedic & Trauma Care Centre in Belagavi in 2010 for 8 months
- Worked as a Lecturer at KLE'S Institute Of Physiotherapy College Belagavi for 4 years
- Worked as Assistant Professor at KLE'S Institute Of Physiotherapy College Belagavi for 5 years
- Associate Professor at KAHER Institute Of Physiotherapy Belagavi for 3 years
- Now presently working as Professor at KLE'S Institute Of Physiotherapy College Belagavi since 1st December 2025