

CURRICULUM VITAE

Dhaval chivate

“Sanmati building”

H no. 771,

RPD College Qtrs compound,

Tilakwadi, Belgaum 590006

KARNATAKA

Email: d_chivate@yahoo.com

OBJECTIVE

To associate with an organization that gives me scope to apply and enhance my knowledge and skills according to latest trends and be a part of team that dynamically works towards the growth of organization.

EDUCATION

- **MPT(Orthopaedic physiotherapy) – 55% aggregate (2011)**
KLE University's
Institute Of Physiotherapy, Nehru Nagar, Belgaum – 590010.
- **BPT – 62.16% aggregate (2008)**
SDM College Of Physiotherapy dharwad –
Rajiv Gandhi University of Health sciences, Bangalore, Karnataka.
- **Intermediate PUC-2 – 78% , (2004)**
G.S.S College, Belgaum.
Department of Pre University Education, Karnataka, Bangalore.
- **SSLC 10th Std - 85% , (2001),**
StPaul's High School camp belgaum

Achievements

- Felicitated for Ernest service at SHANTAI VRUDHASHRAM Belgaum in year 2015.
- Academic appreciation award At Osteo Manual Summit Delhi on 20th Nov 2022

Publications

- Effectiveness of core stability exercises on swimmers knee in brest stroke swimmers – A Randomized Controlled Trial
- Comparative effect of Kinesio tape and rigid tape with therapeutic putty exercise on pinch strength in instrumentalists –A Randomised clinical trial

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- Effectiveness of land based exercises Vs water based exercise to reduce shoulder pain in swimmers a Randomized controlled trial
- A Study Using Ultrasonography as an assessment Tool to compare the effectiveness of structured land and aquatic based exercise program on overweight and obese health care professionals .A Randomized Clinical Trial

Additional Professional Activities

CONFERENCE & WORKSHOPS ATTENDED

- Workshop on 4th All India Physiotherapy students conference organized by S.K Physiotherapy Teachers Association 2006.
- Workshop on First Asian Conference On DMD organized by United Parent Projects Muscular Dystrophy, HCG foundations & Nimhans Dec 2009.
- Workshop on Global Diabetes walk “Understand diabetes and take Control”organized by KLES hospital & Research Centre on 14 Nov 2009.
- Asian Federation of sports medicine “workshop on kinesiology taping and mulligan concept” organized by Guru Nanak Dev University Amritsar Dec 3rd to 8th 2009.
- The 12th Asian Federation Of Sports Medicine congress organized by Guru Nanak Dev University Amritsar Dec 3rd to 8th 2009.
- CME on “Ergonomics & Injury Prevention at work ‘Organised By KLE Institute of Physiotherapy.
- Support team of Rao Nursing Home as a lead physiotherapist for Pune Marathon.
- Support team of Rao Nursing Home as a lead physiotherapist for cycle marathon from Pune to Lavasa .
- Workshop on certificate course on MATRIX Rhythm therapy in Pune organized Matrix Rhythm institute germany on May
- Orientation to the newly recruited staff by UDEHP & KLE University, Institute of Physiotherapy, and Belgaum held on 05th August 2015.
- UDEHP workshop on “CELL BASED ASSAYS as a tool for PHARMACOLOGY TEACHING”, Belgaum on 8th & 9th September 2015.
- UDEHP Workshop on NABL Accreditation- OCT – 2015
- Fitness evaluation and Prescription for Health Professionals by UDEHP & KLE University, Institute of Physiotherapy, Belgaum, November 2015
- Workshop on Surface Anatomy 21st & 22nd Jan 2016 Organised by Orthopaedic physiotherapy department KLE’S Institute of Physiotherapy.
- Attended UDHP workshop on art of scientific writing & presentation organized by KLE College of pharmacy Hubli on 6th & 7th May 2016.
- **“INTERNATIONAL HANDS ON WORKSHOP M2T- BLADE ”** organized in KLEU IPT on 30th & 31st May 2016
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- UDEHP workshop on STRESS MANAGEMENT & RELAXATION, organized by KLEUIPT Belgaum on 17-18 June 2016.

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- International conference on Bioethics by Public Health Department, JNMC Belagavi, November 2016
- Workshop on **CERTIFICATE COURSE ORTHOPEDIC MANUAL THERAPY COMT (BASED ON INTEGRATED APPROACH)** from 24 nov 2016 to 1 dec 2016
- Attended UDHP workshop on Women Health organized by KLEUIPT on Dec 8th & 9th Dec 2016.
- Certificate course on **AQUATIC THERAPY FOUNDATION COURSE** organized at Aquatic Therapy Centre Dharwad on 26 march to 30th April 2017
- Attended UDHP workshop on Work Ethics & Culture organized by KLEUIPT on 7th April 2017.
- Attended UDHP workshop on Newer Assessment Method (WPBA) organized by J.N Medical college on 24th April 2017.
- Attended UDHP workshop on Hydrotherapy – A Stress Buster organized KLEUIPT on 11th Aug 2017.

- Attended UDHP workshop on Question Paper Framing on 26th March 2018 organized by BMK Ayurveda Mahavidhlaya , Belgavi on 26th march 2018
- Attended UDHP workshop on Technology Trends for Future Learning organized by KAHER IPT on 5th march 2018.
- Attended UDHP workshop on Inter Disciplinary Approach Towards Recent Advancements in Clinical research organized by department of pharmacy practice on 3rd May 2018.
- Attended UDHP workshop on Classroom Management organized by KAHER IPT on 9th July 2018.
- Attended UDHP workshop on Outcome based Education organized by KAHER Institute of physiotherapy
- Attended and presented scientific paper at **THINKTHON** Conference organized by IAP
- Attended and presented scientific paper AT **International conference of osteopathy and manual therapy** at Delhi

RESOURCE PERSON & PAPER PRESENTATION

- Resource person for research methodology workshop for interns in Feb 2019
- Resource person for research methodology workshop for interns in Sept 2019
- Resource person for Aquatic Therapy workshop organized by pediatric physiotherapy department on 11th & 12 Feb 2019
- Resource person for research methodology workshop for interns on Oct 2020
- Resource person at ATNI lecture series on topic MalAlignment Syndrome

ADDITIONAL DUTIES FULFILLED AT UNIVERSITY LEVEL

- Custodian for Physiotherapy paper valuation in January 2016.
- Invigilation duty for UG and PG University Examination for Medical, Dental, Pharmacy & Nursing 2015-16,2016-17, 2017-18,2019-20,2020-21

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- Invigilation duty for KLE University AIET entrance examination 2015, 2016. 2016-17, 2017-18,2019-20,2020,21
- Expert Duty for UG & PG University Practical Examination for KLE University's Institute of Physiotherapy in 2015-16. 2016-17, 2017-18,2019-20,2020-21
- Appointed as a team manager of KLE University swimming team to participate in All India Inter University Aquatic Championship Chandigarh from Oct 20th to Oct 30th
- Custodian for Physiotherapy paper valuation in Sept & Nov 2020

Institution Assignment

- In- charge Keneye 2015-16
- In- charge Shantai vrudhashram
- In- charge Khasbag 2017-18
- Incharge Honga 2019-20
- In- charge Research Lab since 2015 till date
- 3rd year BPT Class co-ordinator
- 4th year BPT Class coordinator

CAMPS & RALLYS ATTENDED.

- Participated in NSS camp held at Benakannali in 2018
- Participated in NSS camp held at Sulga in 2017
- Participated in NSS camp held at Sulga in 2016
- Vanamahostava celebrated on World Physiotherapy day on 08th September 2015
- Peace March rally on Gandhi Jayanti 2015
- Rally on WORLD ENVIRONMENT DAY 2015-2016
- World Heart Day Rally 2015
- WORLD PHYSIOTHERAPY DAY Rally 2015, 16.
- Participated in a rally on world tobacco day in sulga 2016.

EXTRA CURRICULAR ACHIVEMENTS

A) SPORTS

- Won 8 gold medals in inter colligate aquatic championship organized by KLE Institute of physiotherapy in 2015.
- Won 4 gold medals in inter colligate aquatic championship organized by KLE Institute of physiotherapy in 2016.
- Won gold medal in 100mts sprint in HUMBO 2017 organised by kle university belagavi

B) OTHERS

- Organized poster presentation and essay competition on earth day 2016.
- Organized charity show for old age and orphanage 2015

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- Organized guest lecture on stress free learning for UG and PGs 2016.
- Member of registration Committee for TRINITY NATIONAL FEST 2016.
- Organized swimming competition for trinity national fest 2016
- Organized a workshop on “Return to sports after knee injury in Jan 2018
- Organized a workshop on game speed by Ian Jeffery in May 2018

Guided Research Projects

- Effectiveness of core stability exercises on swimmers knee in brest stroke swimmers – A Randomized Controlled Trial
- Comparative effect of Kinesio tape and rigid tape with therapeutic putty exercise on pinch strength in instrumentalists –A Randomised clinical trial
- Effectiveness of land based exercises Vs water based exercise to reduce shoulder pain in swimmers a Randomized controlled trial.
- Evaluation of Musculoskeletal disorders risk among the tertiary care hospital receptionist using rapid upper limb assessment method
- Pattern of Fat Deposition In Overweight And Obese Individuals In Healthcare Professional Students- A Cross Sectional Study
- Iliotibial band tightness and its co-relation with foot mechanics in recreational athletes. A Cross Sectional Study
- Immediate effect of Aquatic Therapy on Medial Hamstring length evaluation using diagnostic ultrasonography in individuals with Asymptomatic Hamstring Tightness. An Experimental Study
- Effects of IASTM using Jade Stone , foam Roller & Stretching in sprinters with iliotibial Band Tightness. A Prospective Randomized controlled trial

Professional Memberships

Experience

- Worked as a Physiotherapist under Dr Panchnadikar orthopaedic consultant at Krishna hospital Kotrud Pune for 3 months (Sept 2011 to Dec 2011)
- Worked as a Head of Physiotherapy Department at RAO NURSING HOME. (2012 -2015 June 15th)
- Lecturer in KLE Institute of Physiotherapy and Consulting Physiotherapist at Kle Prabhakar Kore Hospital, Nehru Nagar Belgaum. (2015- Present).

PERSONALITY TRAITS

Skill column 1	Skill column 2
Strong knowledge of the subject	Determine appropriate treatment for

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Excellent communication skills Extremely organized Energetic Clinical experience Detail-oriented student Strong technical skills, Hard working Ability to learn concepts quickly	injury •Accurately diagnose strains, sprains and ruptures •Evaluate physical recommendations Clinical training: <ul style="list-style-type: none">● Patient evaluation/intervention● Strong clinical judgment● In- and out-patient care● Patient-focused care● Physical assessments● Mobility assistance● Treatment of [conditions].
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PERSONAL PROFILE

Name : Dhaval chivate
Gender : Male
Date of Birth : 19th Jan 1985
Marital Status : Married
Father's Name : Ajit B Chivate
Mother's Name : Laxmi A Chivate
Nationality : Indian
Languages known : **Marathi**, kannada, English, & Hindi
Hobbies : Long distance running, basketball , football ,learning and coaching swimming playing and watching cricket,dancing , Searching for useful information on Google search bar.

Reference

Dr. SANJIV KUMAR MPT, Ph.D Neuro PROFESSOR, Principal KLEUIPT, Belgaum MOB- 9448745648.	Dr. VIJAY KAGE MPT, Ph.D ORTHOPAEDIC PROFESSOR KLEUIPT, Belgaum MOB-9845271899	Dr SANTOSH METGUD MPT Ph.D OMT PROFESSOR KLEUIPT, Belgaum MOB-9880088400
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