

CURRICULUM VITAE

DR. GANESH B. R. Ph. D.

Professor,
KLE University's
Institute of Physiotherapy,
Nehru Nagar,
Belagavi – 590010
Karnataka, INDIA



ORCID Registration No.: **0000-0002-5235-1764**

Number of Patents – **02**

Copy Right - **05**

Book Author - **03**

Personal Details

Age : 48 Years
Sex : Male
Date of Birth : 09-09-1975
Email : drganeshnssofficer@gmail.com
Nationality : Indian
Religion : Hindu
Marital status : Married
Children/s : 02 (Two)
Passport Number : P3516387
Languages Known : English, Hindi, Marathi and Kannada
Office Address:

Professor,
KLE University's
Institute of Physiotherapy,
Nehru Nagar,
Belagavi – 590010, Karnataka,
INDIA

Correspondence Address :

H. No. 11, “GANESH”,
Basava Nagar, Opp. Income Tax Office,
Club Road, Belagavi – 590 001
Karnataka, INDIA
Tel : +91 831 2424784 / 2424785
Mobile : +91 9844857581

Academic Responsibilities / Duties

- To provide leadership roles in support of program, department, and university governance.
- To demonstrate competence in teaching and implementing strategies for student success by delivering assigned courses/objectives in a manner that facilitates student learning and mastery of course material.
- To meet deadlines and follow directions of the lead course instructor(s), Program and Department leadership, and the Dean/Associate Dean of the College.
- To demonstrate a command of the discipline and skill in effective instructional delivery.
- To collaborate with appropriate Core Faculty, the Director of Student Affairs, and the Program Director to identify and address student issues as appropriate.

- To adhere to professional and ethical standards of conduct.
- To maintain current professional certification and licensure within the specific discipline.
- To carry out professional practice knowledge base and clinical expertise needed to help learners prepare for contemporary physical therapy practice.
- To promote professionalism by modeling and encouraging professional behaviors inside and outside the educational setting.
- To assist in all course related activities and complete other duties as assigned by the lead course instructor(s).
- To carry out research and work towards research grant.
- To participate in lesson planning and question bank retreat.

Clinical Responsibilities / Duties

- Physiotherapy evaluation diagnosis, Clinical Decision and Management of various Physiotherapy related condition either in IPD and OPD basis
- Clinical research
- Liaising with other paramedical staff in the planning, execution, monitoring and adaptation in goal-oriented programme
- Work with other staff members in integrated teaching and therapy
- To manage the students under his/her care and take all the necessary precaution for their safety and well being
- Formulating treatment plans to address the condition and need of patients
- To conduct complex mobilization techniques so as to prevent further injuries and aid in their functional ability towards performing their activities of daily living
- Timely referring patient to doctors and other medical practitioners
- Planning and organizing physiotherapy treatment protocols and fitness programme

Educational Qualification

1. Year of passing of S.S.L.C – **April 1992** from Karnataka Secondary Education Examination Board.
2. Year of passing of P.U.C II – **April 1994** from Karnataka Pre-University Education Board.
3. Bachelor of Physiotherapy (B.P.T) – **April 1998** (Karnataka University, Dharwad).
4. Masters of Physiotherapy (M.P.T) – **May 2004** (Rajiv Gandhi University of Health Sciences, Bangalore).
5. Ph. D. – K.L.E University, Belagavi – **May-2016**

Project work undertaken in Undergraduate

The effect of phonophoresis on “Capsulitis”.

Thesis Topic in Post-Graduation

“A study of Autonomic Nervous System Dysfunction by Valsalva maneuver responses and sustained handgrip in middle aged subjects having hypertension and diabetes mellitus”.

Thesis Topic in Ph. D.

“Predictive criteria for selection of patients for Physiotherapy and Rehabilitation on patients with Neuropathy / Neurological deficits following acute / acute on chronic ischemic episode of the limbs”.

Work experience

- Year of joining at as a **Tutor** – 01/06/1999 – 31/05/2000
- J. N. Medical College of Dept. of Physiotherapy **Junior Lecturer** – 01/06/2000 to 31/05/2004
- Kles Institute of Physiotherapy **Lecturer** – 01/06/2004 to 27/06/2004
- Kles Institute of Physiotherapy **Assistant Professor** – 28/06/2004 to 31/01/2011
- KLEU Institute of Physiotherapy **Associate Professor** – 01/02/2011 to 31/12/2016
- KLEU Institute of Physiotherapy **Professor** – 02/01/2017 to 31/07/2022
- Assam Down Town University, Assam **Dean** – 01-08-2022 to 13/01/2023
- KLEU Institute of Physiotherapy **Professor** – 16/01/2023 to till date
- Total Teaching experience – **23 years**
- Consulting Physiotherapist at KLE Dr. Prabhakar Kore Hospital and MRC, Nehru Nagar Belgaum. (1999 - Present).

Subject undertaken for Undergraduates

- 1) Physiotherapy in General Surgery – IIIrd year B.P.T (KLE University).
- 2) Physiotherapy in General Medicine – IIIrd year B.P.T (KLE University).
- 3) Research Methodology and Ethics – IIIrd year B.P.T. (KLE University)

Subject undertaken for Postgraduates

- 1) Physiotherapy in Cardio-Respiratory Disorders – (KLE University).
- 2) Physiotherapy in Research – (KLE University).
- 3) Physiotherapy in ICU setup (KLE University).

Membership

- Registered Life Member of Indian Association of Physiotherapists with Registration No. - **5279L**
- Associate Membership of Indian Association of Respiratory Care with Registration No. - **AM21087023**.

Outside University Assignments

- 1) Assistant expert for Practical Examination (**R.G.U.H.S. Bangalore**).
- 2) Invigilator (**R.G.U.H.S. Bangalore**).
- 3) Paper Evaluator (**R.G.U.H.S. Bangalore**).
- 4) External Examiner (**R.G.U.H.S. Bangalore**).
- 5) Paper Setter (**MAHER University, Chennai**).

- 6) External Examiner (**KIMS, Karad**)
- 7) External Examiner (Maharashtra University of Health Sciences, (**MUHS**), Maharashtra).
- 8) Paper setter- **Integral University, Lucknow**

Home University Assignments

- 1) Internal Examiner at **KLE University** for Master of Physiotherapy.
- 2) Internal Examiner at **KLE University** for Bachelor of Physiotherapy
- 3) **Paper** setting and valuation Under Graduation & Post Graduation.
- 4) Paper **moderation** Under Graduation & Post Graduation.
- 5) Syllabus **planning** Under Graduation & Post Graduation.
- 6) University Approved **Guide** for **14 Master of Physiotherapy** students (**till date**)

Institution Assignment

- 1) IIIrd Year Bachelor of Physiotherapy **Coordinator** 2003 to 2005.
- 2) **Under Graduation Coordinator** – 2010 to 2011.
- 3) **Head of Department** Cardiopulmonary physiotherapy 2004 till date.
- 4) **Vice-President** Student Council – 2012 to 2015.
- 5) Member of Institutional **Core Committee** 2012 till date.
- 6) Institution **Board of Studies** Member – 2012 till date.
- 7) **National Service Scheme Program Officer** – 2012 to 2015.
- 8) Institutional **Ethical Committee** Member – 2012 till date.
- 9) Institutional member **NAAC steering committee** 2013-present
- 10) Alumni President April 2018 to till date.

National & International Publications (44)

1. To Screen Coronary Artery Disease using Rose Angina Questionnaire in Young Adults- an Observational Study. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol. 9 no. 3, September 2015.
2. Effectiveness of Acu-Transcutaneous Electrical Nerve Stimulation in Middle Aged Borderline Hypertensive Patients - RCT [**Indian Journal of Physiotherapy and Occupational Therapy**], vol. 9, no. 3, September 2015.
3. Strengthening Procedures for posterior shoulder tightness. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 4 No. 1, Jan - Mar 2010
4. Effectiveness of plantar fasciitis taping & calcaneal taping in plantar heel pain - RCT. [**Indian Journal of Physiotherapy and Occupational Therapy**], July- Sept 2010, Vol 4, No.3, 86-90.
5. Site Specificity of sports injuries seen during the interschool competitions held at Belagavi- An observational study. [**Indian Journal of Physiotherapy and Occupational Therapy**], Jan-March 2010, Vol 4, No.1.
6. “Comparison of McConnell Patellar Taping Versus Mobilization with Movement In Chronic Knee Osteoarthritis - A Randomized Clinical Trial”. [**Indian Journal of Physiotherapy and Occupational Therapy**], Oct-Dec 2010, vol 4, No.4 132-136

7. A Randomized Clinical Trial of Autonomic Nervous Dysfunction by Valsalva Maneuver (V.M) and Sustained Hand grip (SHG) Responses in Middle Aged Subjects having Hypertension and Diabetes Mellitus. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 5 issue 2, 2011.
8. Combined Effectiveness of Maitland Mobilization & Patellar Taping in Patellofemoral Osteoarthritis-RCT. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol5, issue 1, 2011.
9. Efficacy of plyometric training in basketball players-A critical Review. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 6, no.1 2012.
10. Immediate effect of singing on autonomic function and pulmonary parameters in school going classical singers and non-singers. A observational study. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 6, issue 3, 2013.
11. Comparative study on effect of Slow and Fast Phased Pranayama on quality of life and pain in physiotherapy girls with primary Dysmenorrhea: randomized clinical trial. [**International Journal of Physiotherapy and Research**], vol 3. Issue 2, 2015.
12. Screening of Sleep Apnoea in Middle - Aged hypertensive subjects using Stop - Bang questionnaire - An observation study. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 8, no. 2, April 2014.
13. Predictive criteria for selection of patients for physiotherapy and rehabilitation in patients Neuropathy/Neurological Deficits following Acute / Acute on Chronic Ischemic Episode of the Limbs: Open Labelled Clinical Trail. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 10, no. 2, page no. 103-108, April-2016.
14. Immediate effects of abdominal exercises on Hemodynamic responses in healthy young adults-An Experimental Study. [**Indian Journal of Physiotherapy and Occupational Therapy**], vol 10, no. 2, page no. 155-159, April-2016.
15. Evaluation of the effect of mobilization with movement on pain, kinesiophobia and activities of daily living in lateral epicondylitis – An Experimental Study. [**International Journal of Therapies & Rehabilitation Research**], June-2016.
16. Influence of Posture on Autonomic Nervous Dysfunction By Valsalva Maneuver (V.M) Responses In Middle Aged Subjects Having Hypertension And Diabetes Mellitus. Randomized Clinical Trail. [**International Journal of Innovative Research and Advanced Studies (IJIRAS)**] **Volume 3 Issue 7, June 2016**
17. Effect of Physiotherapy Rehabilitation on Volkmann Ischemic Contracture- A Case Study. [**International Journal of Applied Research**] **Volume 6 Issue 2, June 2016.**
18. Evaluation of Movement with Mobilization on Independence of daily living and Kinesiophobia using Kartz Index and Tampa Scale in patients with Lateral Epicondylitis - An expiremental study. [**Imperial Journal of Interdisciplinary Research**], **Volume-2, Issue-8, July-2016.**
19. Reliability of ankle brachial index in patients with neurological deficits on ischemic episode of the limbs following Burgers exercises: open labelled clinical trial. [**International Journal of Research in Medical Sciences**], **Volume-4, Issue-8, August-2016.**

20. Comparative Study of Laura Mitchell's Physiological Relaxation Technique Versus Jacobson's Progressive Relaxation Technique on Severity of Pain and Quality of Life in Primary Dysmenorrhea: Randomized Clinical Trial. [**Journal of Medical Science and Clinical Research (JMSCR)**] Vol||05||Issue||07||Page 25379-25387||July-2017
21. Short term effects of respiratory muscle stretch gymnastics versus hold relax PNF on pulmonary functions and chest expansion in elderly individuals-a randomized clinical trial, [**International Journal of Applied Research 2017; 3(7): 1018-1022**], June 2017
22. Effect of mat Pilates exercises on pulmonary function parameter and quality of life of women with type 2 diabetes mellitus: An experimental trial, [**International Journal of Applied Research 2017; 3(8): 12-15**], July 2017
23. Short term effects of instrument assisted soft tissue mobilization on pain and activities of daily living in subjects with patellofemoral joint osteoarthritis - A randomized controlled trial – [**International Journal of Current Research Medical Science (IJCRM)**] (2017).3(11):55-63.
24. Effect of Sandbag Breathing Exercise on Respiratory Parameters and Lumbar Stability in Asymptomatic Individuals - An Experimental Study [**International Journal of Current Research in Medical Sciences**] Volume 4, Issue 2 - 2018
25. Effect of lung flute and peak flow meter on bronchial hygiene, pulmonary function and quality of life in mild to moderate chronic obstructive pulmonary disease - A randomized clinical trial [**International Journal of Current Research in Medical Sciences**] Volume-3, Issue-4, July-2018
26. Effect of Manual Hyperinflation & Expiratory Ribcage Compression on Oxygenation, Ventilation, Physiological Parameters and Airway Clearance in Mechanically Ventilated Patients - A randomized Control Trial [**International Journal of Current Research in Medical Sciences**] Volume-3, Issue-4, July-2018
27. Effect of 4 weeks Suboccipital Muscle Inhibition Technique on Hamstring Tightness in Male Recreational Basketball Players - A Clinical Trial [**International Journal of Current Research in Medical Sciences**] Volume-3, Issue-4, August-2018
28. Immediate Effect of Chest Mobilization on Peak Expiratory Flow Rate, Chest Expansion and Dyspnoea in COPD Patients with restrictive Impairment: A Pre - Post Clinical Trial [**International Journal of Current Advanced Research**] Volume 7, Issue 3, Page No. 10912-10915, March-2018
29. Immediate effect of dynamic oscillatory stretching vs. neurodynamic sliding technique on stretch tolerance, popliteal angle range and hamstring flexibility in apparently healthy individuals with hamstring tightness: a pre-post clinical trial [**International Journal of Research in Medical Sciences**] Vol 7, Issue 5 - May 2019.
30. Effect of flutter device on airway mucus clearance, physiological, parameters and arterial blood gas analysis in patients with coronary artery bypass grafting during Phase-1 cardiac rehabilitation - A randomized control trial [**International Journal of Medical Science and Public Health**], Volume-9, Issue-1, Page No. 1-5, October-2019.

31. Immediate effect of thoracic manual therapy on respiratory parameters, chest expansion and rom of thorax and cervical spine in mild to moderate COPD-A randomized clinical trial. [**Journal of Cardiovascular Medicine and Cardiology**], Volume-7, Issue-1, Page No. 028 -032, February-2020.
32. Effect of past tempo vocal and instrumental music on cardiovascular parameters, perceived exertion and stress rate during high intensity interval training in asymptomatic in subjects. [**Indian Journal of Physiotherapy and Occupational Therapy**] Volume-13, Issue-1, Page No. 94-100, March-2020.
33. Effect of matrix rhythm therapy in diabetic foot ulcer healing: A case report, J Contemp Med Sci., Vol. 6, No. 4, Page No. 187-190, July-August 2020.
34. Effect of Different Speed Training Protocols on Speed and Sprint Acceleration on Long Jumping Performance in Professional Sprinters: An Experimental Study [**Journal of Research in Medical and Dental Science**] Volume 8, Issue 6, Page No: 269-273, 2020.
35. Effect of yoga on pulmonary function test, thyroid-stimulating hormone estimation, hand grip strength, and quality of life in participants with thyroid dysfunction: A pre-post clinical trial [**Indian Journal of Health Sciences and Biomedical Research KLEU**] Volume 14, Issue 1, January-April, Page No: 103 - 107, 2021.
36. Effect of Muscle Energy Technique on Strength and Range of Motion in Young Swimmers with Sick Scapula Syndrome: A Pre-Post Clinical Trial [**Indian Journal of Physiotherapy and Occupational Therapy**], Vol. 14, No. 02, April-June 2020.
37. Evaluation of Physiotherapy and Rehabilitation Practice and Associated Barriers in Reduction of Pulmonary Complications in Critical Care Units across North Karnataka: A Survey Study [**Journal of Physiotherapy & Physical Rehabilitation**], Volume 6:3, 2021.
38. Effect of Blow Bottle Device and Flutter on Functional Capacity, Dyspnea, Fatigue, and Peak Expiratory Flow Rate in Mild-to-Moderate COPD Patients: A Comparative Study by **Indian Journal of Respiratory Care** Volume-10 Page No. 294-298, October 4, 2021.
39. Cardiovascular Disease Knowledge, Attitude and Practice and its Association among Women in Belagavi, by **International Journal of Science and Research (IJSR)**, Page 1521, Volume 10, Issue 10, October 2021.
40. Effect of Upright and Slouched Postures on the Diaphragm Strength and Chest Expansion in Obese Young Adults – An Observational Study, Indian Journal of Physical Therapy and Research, Issue 2, Volume 4, January 2023.
41. Immediate effects of KAZOO on lung function, Rate of perceived exertion and oxygen saturation in obese Collegiate Students. A Pre-Post Clinical Trail, Journal of Society of Indian physiotherapist, vol 6, issue 2, July-December 2022.
42. Effect of Cloth Mask versus N95 Mask on Hemodynamic Parameters, Oxygenation, and Peak Expiratory Flow Rate at Rest and During Physical Activity in Health-care Providers: A Cross-Over Design, D Y Patil Journal of Health Sciences, Vol 11, Issue 2, November 2023.

43. Kinesio-Taping Techniques on Pulmonary Function, Oxygen Saturation, and Exercise Capacity in COPD Patients: A Randomized Clinical Trial. Indian journal of physical therapy and Research issue 1, Volume 5, Page No. 32-6,2023
44. Comparison of Diaphragmatic Stretch and Manual Diaphragmatic Release Technique Along with Chest Proprioceptive Neuromuscular Facilitation in Mild-to-moderate Chronic Obstructive Pulmonary Disease: A Randomized Clinical Trial Indian Journal of Physical Therapy and Research 5(2):p 169-175, Jul–Dec 2023.

Workshops Attended (44)

- Peripheral joint manipulation 9th February 1999.
- Early intervention in high risk babies 25th & 26th September 1999.
- Manual therapy on cervical spine 7th September 2003.
- Lumbar spine manual therapy 11th May 2005.
- Stroke rehabilitation 5th June 2005.
- Management of cerebral palsy 15th & 16th October 2005.
- Teaching methodology 7th to 10th January 2008.
- Teaching technology and evaluation system (OSCE & OSPE) 10th to 12th March 2008.
- National level workshop on “Teaching Methodology” 20th August 2009.
- E-learning 20th February 2010.
- Cardiac rehabilitation 20th & 21st February 2010.
- Principles of evaluation and question paper setting for faculty 6th October 2010.
- Sports Physiotherapy 14th September 2010.
- Cardiopulmonary and Brain resuscitation 10th April 2011.
- Writing grant application 5th & 6th December 2011.
- Pedagogic and personal effectiveness 21st & 22nd December 2012.
- Personality development and emotional quotient 22nd & 23rd November 2013.
- Inter-university south zone workshop on the theme considering NATIONAL SERVICE SCHEME as an elective subject and skill development with vocation education training (AIU) 20th & 21st May 2014.
- Self-management skills 17th & 18th November 2014.
- Fitness evaluation & prescription for health professionals 27th & 28th November 2015.
- Stress management and relaxation 17th & 18th June 2016.
- Basic Life Skills for Teachers 16th & 17th September 2016.
- Workshop on Physiotherapy care in ICU 24th October 2016.
- UDEHP Workshop on Physiotherapy in Women’s Health 9th & 10th December 2016.
- UDEHP Workshop on Work Ethics and Culture – 7th April 2017.
- UDEHP Workshop on Hydrotherapy – A Stress Buster – 11th August 2017.
- UDEHP Workshop on Effective Scientific Writing Skills – 22nd September 2017.
- UDEHP Workshop on Leadership in Medical Education – 25th November 2017.
- UDEHP Workshop on Classroom Management – 09th July 2018.
- UDEHP Workshop on Outcome Based Education – 08th April 2019.
- UDEHP Workshop on Equipping Tomorrow’s Doctor’s with Soft Skills – 19th October 2019.

- UDEHP Workshop on Simulation Based Health Care Education – 04th & 05th November 2019.
- KAHER Technology Trends for developing E-content – 08th July 2020.
- “How to write a review article” by Dr. MGR Educational and Research Institute Deemed to be University – 11th July 2020
- E-content development on Google Drive by Institute of Nursing – 22nd July 2020
- KLE Institute of Physiotherapy online training program on Advanced Excel – 20th to 24th July 2020.
- UDEHP Workshop on “Explore the untapped within you” – 16th March 2021.
- UDEHP Workshop on “Be a stress-free teacher – A stress management session” – 29th November 2021.
- UDEHP Workshop on “S 5 Formula for Leadership Development” – 22nd January 2022.
- Work shop on K Cat held on 14th and 15th April 2023.
- UDHEP workshop on Intellectual Property Right helps on 03rd May 2023.
- Patent and claim writing held on 29th November 2023
- Choice Based Credit System held on 29th March 2024
- Conflict of interest and Management held on 03rd May 2024

CME Attended (05)

- CME on **Rehabilitation in myocardial infarction and CABG cases** 18th July 1999.
- CME on **Arthritis** 12th October 2009
- CME on **Paediatric Pulmonology** 13th February 2004
- CME on **Orthotics & Prosthetics for Rehabilitation Professionals** 06th March 2021
- 1st PHYSIOS COLLOQUIUM 2023 on “**Recent Advancement’s in Rehabilitation**”, Jagannath University, Jaipur, 17-18 June 2023.

Organized Conference / Workshop /CME (05)

- National update on **Neuro Physiotherapy** 3rd to 5th December 2009
- **Cardiac rehabilitation** workshop 20th to 21st February 2010
- National Conference on **Orthopedic manual therapy & Physiotherapy update** 9th to 11th December 2011
- National Conference on **Physiotherapy update** 14th to 16th December 2012
- Workshop on Physiotherapy care in ICU 24th October 2016.
- Pearl Physiocon Physiotherapy International Conference 2025 as a Organizing Secretary.

Scientific Chair Person (05)

- National Conference an **Orthopedic manual therapy and Physiotherapy update** 9th to 11th December 2011
- 9th International Conference on **Geriatric care** 13th to 14th October 2012
- National Conference **Physiotherapy update** 14th to 16th December 2012
- Quadrans International Physiotherapy Conference 26th and 27th February 2021
- 1st PHYSIOS COLLOQUIUM 2023, 17th-18th 2023

Paper/Poster Presented (05)

- The effect of 4 week plyometric training program on agility in kho-kho athletes- A Randomized clinical trial **ICON Sports** 16th & 17th January 2010
- Comparative study of slow and fast phased pranayama on quality of life & pain in physiotherapy girls with primary dysmenorrhoea- Randomized controlled trial 20th to 22nd March 2015 **53rd IAP annual Conference.**
- Reliability of ankle brachial index in patients with neurological deficits on ischemic episode of the limbs following Burgers exercises: open labelled clinical trial at KNOSPE, 24th & 25th September 2016.
- Effect of cloth mask vs N95 mask on Hemodynamic parameters, oxygen saturation and PEFr at rest and physical activity in Health care providers at 1st PHYSIOS COLLOQUIUM 2023, 17th-18th June 2023.
- Comparative Effect of Positive Expiratory Pressure Devices on Haemodynamic Responses, Airway Clearance and Level of Dyspnea, Following CABG In Phase-1 Cardiac Rehabilitation: A Randomised Clinical Trial paper presentation at 61st IAP conference held at Dehradun March 2024.

Seminars/Scientific Meet/Symposium Attended (02)

- New frontiers in **Diabetes** 13th to 14th August 2011
- **Quality Assurance** in health science Institution Sponsored by **NAAC** 2nd to 3rd January 2012.

Camps Attended (12)

- Blood donation camp – 29th October 2010.
- Blood donation camp – 5th November 2011.
- **NATIONAL SERVICE SCHEME** special camp – 25th February to 2nd March 2012.
- **Free Physiotherapy Camp** – 11th to 13th June 2014 at police headquarters
- **Free Physiotherapy Camp** – 20th July 2014 at Kannada Government School Angol.
- **Free Physiotherapy Camp** - 18th to 20th January 2012 at B. K. Kangrali, Belagavi.
- **NATIONAL SERVICE SCHEME Annual Camp** - 25th February to 02nd March 2012 at Kakti Belagavi.
- **NATIONAL SERVICE SCHEME free physiotherapy camp** - 07th April 2012 at Primary Health Center, Kineye.
- **Free physiotherapy camp** 16th September 2012 at Tergundi, Belagavi.
- **Free physiotherapy check-up and treatment camp** - 23rd to 26th March 2012 at Marihal, Belagavi.
- Blood donation camp - 9th August 2014.
- Belagavi **Bar Association** - 15th February 2016.

Recognition/Awards/Appreciation (07)

- Best teacher award by **Institute of Physiotherapy** 2009.
- Best teacher award by **Kannada Balaga Association** 11th September 2013.

- **Significant contribution award** at **53rd** Annual Conference of IAP 20th to 22nd March 2015.
- Letter of appreciation by **Belagavi Bar Association** 15th February 2016.
- Best Teacher Award by **KLE University, Belgaum** 07th September 2016.
- 1st place in paper presentation at 1st PHYSIOS COLLOQUIUM 2023, 17th-18th June 2023, Jaipur.
- IAP Fellowship Award held at Dehradun 8th to 10th March 2024.

Resource Person (06)

- **Cardiopulmonary resuscitation** 2nd & 3rd January 2005.
- Workshop on **cardiac rehabilitation** 20th & 21st February 2010.
- Workshop on **pulmonary rehabilitation** 4th & 5th October 2010.
- General aspects of **obesity** 15th September 2011.
- Art of **exercise prescription** 19th January 2015.
- National CME on “Frontiers in Nutrition” 20th February 2024.

Additional Training (03)

- Hands on training on **Cardiopulmonary and Brain Resuscitation** (CPBR) 28th January 2001.
- **NATIONAL SERVICE SCHEME** Empaneled training held at Karnataka State Open University, Mysore 5th to 11th November 2014.
- **M²T-Blade-IASTM fitness movement** 30th & 31st May 2016.

National & International Conference Attended (16)

- **NEPTACON** 5th & 6th November 2004, Nepal
- International conference on **Recent technological advancement and entrepreneurship in sports** 16th & 17th January 2010.
- **9th** International conference on **Geriatric Care** 13th & 14th October 2012.
- National conference of **Indian Association of Sports medicine** 14th & 15th November 2008.
- National update on **Neuro Physiotherapy** 3rd to 5th December 2009.
- National conference on **Orthopedics manual therapy and physiotherapy update** 9th to 11th December 2011.
- National Conference on **Physiotherapy update** 14th to 16th December 2012.
- **55th** Annual National Conference of **Indian Public Health Association** 28th to 30th January 2011.
- **53rd** Annual conference of **IAP** 20th to 22nd March 2015.
- National Physiotherapy Conference - KNOSPE, 24th & 25th September 2016.
- IAP Conference (IAPCONBANGALORE 2019) - 01st & 02nd February 2019.
- World Ayush Expo 2019 and Arogya - 24th & 25th August 2019, Mumbai
- 11th National Conference on Health Professions Education 2019 - 21st to 23rd November 2019.
- SIP – e-Con Conference by Society of India on 17th January 2021.
- 1st International Physiotherapy Conference - Theme: Beyond the Horizon - 12th January 2022.
- 61st National Conference of IAP at Dehradun – 8th to 10th March 2024.

Radio Talk

- **Arogya Darshana** 19th November 2015 KLE University.

Extra-Curricular Achievements

- In-charge of **Trinity Registration Committee Centennaire Fiesta** 18th to 20th March,2016
- **1st position** badminton doubles men - “Kritaansh” 7th December 2013.
- **1st position** carom doubles men “Advaya” 19th December 2014.
- **1st position** badminton doubles men “Agrim” 5th December 2015.
- **1st position** table tennis men “Agrim” 5th December 2015.
- **2nd position** doubles table tennis men “Agrim” 5th December 2015.
- **2nd position** in staff table tennis (doubles) “HUMBO 2017” - 25th & 26th October 2017.

Personality Traits

Skill column 1	Skill column 2
Strong knowledge of the subject Excellent communication skills Extremely organized Energetic Clinically experienced Strong technical skills, Hard working Ability to learn concepts quickly Adaptable Leadership Qualities Innovative	Determine appropriate treatment for cardiopulmonary conditions •Accurately diagnose COPD/MI/CAD •Exercise planning and prescription for cardiac rehabilitation and pulmonary rehabilitation. Clinical training: <ul style="list-style-type: none">• Patient evaluation/intervention• CHEST assessment• In- and out-patient care• Excellent clinical judgment• Patient-focused care

Reference:

DR. SANJIV KUMAR
MPT, Ph.D. (Neuro)
Professor & Principal
KLEUIPT, Nehru Nagar,
Belgaum-590 010
Karnataka, INDIA
Mobile: +91 9448745648
E-mail: sanjiv3303@rediffmail.com

PROF. DR. V. A. KOTHIWALE,
MD, Ph. D. (Gen. Medicine)
Ex Registrar,
KLE Academy of Higher Education & Research,
Nehru Nagar, Belgaum-590 010
Karnataka, INDIA
Mobile: +91 9448119899
E-mail: nov10kothiwale@yahoo.co.in

Dr. M. V. Jali,
Ex Medical Director & CEO,
KLES Dr. Prabhakar Kore
Hospital & MRC,
Belgaum, Karnataka India
Mobile: +91 9844032499
E-mail ID:
medicaldirector@klehospital.org