



CURRICULUM VITAE

A-10
JNMC Quarters,
Nehru Nagar, Belagavi
Karnataka – 590010

DR. VIJAY BALGOUDA KAGE. MPT, PhD

PERSONAL DETAILS

- **Address:** A 10 JNMC Quarters Nehru Nagar, Belagavi, Karnataka
- **Date of Birth:** 28-03-1975
- **Gender:** Male
- **Religion:** Hindu
- **Nationality:** Indian
- **Languages known:** English, Hindi, Kannada, Marathi
- **E mail:** vijaykage@yahoo.in and vijaykage@kleipt.edu.in , dean@kleipt.edu.in
- **Mobile Number:** +91 9845271899
- **IAP Registration Number:** 36680
- **Society of Indian Physiotherapist:** 0339
- **MEMBER CENTRAL COUNCIL, NATIONAL COUNCIL OF ALLIED HEALTH SCIENCE**

EDUCATION

- **Bachelor of Physiotherapy (B.P.T.)**
 - **Year of Completion** Aug 1999 (4 ½ yr. course)
 - **Institution** : J.N.M.C, Belgaum.
 - **University** : Karnataka University, Dharwad, INDIA
- **Masters of Physiotherapy (M.P.T) (Physiotherapy in Musculo-Skeletal & Sports)**
 - **Year of Completion** : May 2006
 - **Institution** : KLE Institute of Physiotherapy, Belagavi
 - **University** : Rajiv Gandhi University of Health Sciences, Bangalore, INDIA
- **Doctor of philosophy PhD**
 - **University:** K.L.E University, Belgaum
 - **Year of completion:** 2017

EXPERIENCE

- **Member central council, National council of allied health science**
- **Dean:** KAHER Institute of Physiotherapy, Belagavi from 16th June 2024
- **Vice Principal:** KAHER Institute of Physiotherapy, Belagavi from 2nd March 2020 – 15th June 2024
- **HOD:** Department of Orthopaedic Physiotherapy KAHER Institute of Physiotherapy, Belagavi
- **Professor:** KAHER Institute of Physiotherapy, Belagavi from 16th August 2019
- **Associate Professor,** KAHER Institute of Physiotherapy, Belagavi From August 1st 2015 to August 2019
- **Assistant Professor,** KAHER Institute of Physiotherapy, Belagavi From 1st August 2010 to 2015.
- **Lecturer,** KLE Institute of Physiotherapy, Belagavi From May 2006 to July 2010.
- **Junior Lecturer,** KLE Institute of Physiotherapy, Belagavi From 1st May 2001 to April 2006.
- **Tutor/ Clinical Assistant,** Department of Physiotherapy, JNMC Belagavi From 28th October 1999 to 30th April 2001.

Total teaching experience: 25years 4 months

AWARDS AND RECOGNITIONS

- **Member central council, National council of allied health science**
- Felicitated with remarkable achievement award at Bharati Vidyapeeth (deemed to be University) school of physiotherapy
- Completed Primary and advanced Pilates and aerobics instructor training and fitness diet and nutrition by Indian Academy of Fitness training
- External expert member of board of studies of Physiotherapy, Nursing and Paramedical Science of Eklavya University Damoh, Madhya Pradesh
- Reviewer for Physiotherapy quarterly and Indian Journal of biomedical research and health sciences
- Advisory member of Indian Journal of Physical Therapy and Research
- Resource person for Kannada Vaidikiya Sahitya Samelaan, Organized by RGUHS, Bangalore on 22 – 23 May 2021
- Recognized PhD Guide from 2020
- Institutional IQAC Co-Ordinator, KAHER Institute of Physiotherapy, Belagavi, 2019 till date
- Awarded ‘Best Teacher Award’ for the year 2018 by KAHER Institute of Physiotherapy. Belagavi.
- Conferred P.hD honors in the year 2017 by KAHER, Belagavi
- Resource person for National Conference on Sports Physiotherapy and Rehabilitation by Dr. D.Y.Patil University, Pune, 2012.
- Awarded ‘Best Teacher Award’ For the Year 2009 By KLEU Institute of

Physiotherapy. Belagavi

- Chairman and Co-Chairman for various Scientific Sessions at National and Regional Conferences.
 - Organizing member and Guest speaker for various National conferences, Workshops and Camps conducted by KLE University, Belagavi
-

PUBLICATIONS

Researcher ID of Web-of Science: AAX-5479-2020

Scopus ID: 57186637100

ORCID ID: 0000-0002-1013-4032

1. Impact of 3-dimensional myofascial release on tumor necrosis factor (TNF) alpha biomarker in nonspecific low back pain: a randomised controlled trial. *European Spine Journal*. 2025 Aug 25;1-2. Welling A, **Kage V**, Gurudut P, Nadaf R, Hulmani S, G N, Chabada N, Math S
2. Three-dimensional Myofascial Release for Musculoskeletal Conditions: An Educational Perspective. *Indian Journal of Physical Therapy and Research*. 2025 Jan 1;7(1):105-8. Gauns B, Welling A, Gurudut P, **Kage V**, Hulamani S.
3. Impact of Virtual Reality and Walking Meditation on Proprioception and Balance in Individuals With Knee Osteoarthritis: A Randomized Clinical Trial. *Alternative therapies in health and medicine*.:AT11486. Kulkarni P, Welling A, Gurudut P, **Kage V**.
4. Feasibility of Shockwave Therapy and Standardization of Dosage for Mild to Moderate Forehead Acne. *Journal of Applied Cosmetology*. 2025 Sep 23;43(3):of-print. Gurudut P, Welling A, **Kage V**, Patil S, Hulamani S, Desai VN, Aga S, Mathad V
5. Exploring effectiveness of extracorporeal shockwave therapy for forehead acne. *Physiotherapy-The Journal of Indian Association of Physiotherapists*. 2025 Aug 5;10-4103. Mathad V, **Kage V**, Gurudut P, Welling A, Hulamani S.
6. Management of chronic low back pain W.S.R KATI School: A Case Report *International Journal of Biology, Pharmacy and allied sciences*. Killedar, Shinde PS, **Kage V**
7. Assessment of Quality Control Parameters of Erandamoola Kwatha, Dhanvantari Taila and Yogaraja Guggulu in the Management of Non-specific Backache. *Pharmacognosy Research*. 2025;17(2). Killedar R, Shinde P, Kupati V, **Kage V**.
8. Effect of Calisthenic Exercises in a Sedentary Young Female on Abdominal Obesity, Body Composition, Core Strength, and Physical Activity Level: A Case Report. *Journal of Society of Indian Physiotherapists*. 2025 Jun 4;10-4103. Kale R, Welling A, **Kage V**, Gurudut P

9. Effectiveness of Ball Pilates in a Telerehabilitation Setting for Chronic Low Back Pain: A Case Report. *Journal of Society of Indian Physiotherapists*. 2025 Jun 4;10-4103. Chabada N, **Kage V**, Gurudut P, Welling A, Hulamani S.
10. A Critical Review of Research on Kinetic Chain Activation Technique Application in Musculoskeletal Conditions. *Indian Journal of Physical Therapy and Research*. 2025 Jan 1;7(1):11-8. Keskar S, Gurudut P, **Kage V**, Welling A, Hulamani S.
11. GC-MS Analysis of Dhanwanthari Taila: Identification of Bioactive Compounds Supporting its Analgesic and Anti-Inflammatory Potential in Chronic Low Back Pain. *Pharmacognosy Research*. 2025;17(3). Killedar RS, Shindhe PS, **Kage V**, Joshi R.
12. GC-MS Analysis of Dhanwanthari Taila: Identification of Bioactive Compounds Supporting its Analgesic and Anti-Inflammatory Potential in Chronic Low Back Pain. *Pharmacognosy Research*. 2025;17(3). Killedar RS, Shindhe PS, **Kage V**, Joshi R.
13. Comparing the efficacy of 3-dimensional release technique and modified active release therapy on pain, scapular position and craniocervical angle in IT workers with scapulocostal syndrome: A randomized clinical trial. *Journal of Body work and movement therapy* 2025. Rakshanda N, Aarti Welling, Peeyoosha Gurudut, **Vijay Kage**.
14. Deep Front Line Myofascial Release Versus Novel Soft Tissue Kinetic Chain Activation Technique (K-CAT) on Pain, Radiological Patellar Position and Dynamic Knee Valgus in Knee Osteoarthritis: A Randomized Clinical Trial. *Int J Ther Massage Bodywork*. 2025 Mar 15;18(1):5-19. doi: 10.3822/ijtmb.v18i1.1101. PMID: 40092708; PMCID: PMC11856438. Punjani A, Kage V, Patil A, Gurudut P, Welling A
15. Assessment of health-related quality of life (SF-36 QOL) in Non-specific low back pain treated by cupping therapy and medications—A Randomised controlled trial. *Cuestiones de Fisioterapia*. 2024 Dec 20;53(03):3469-83. Killedar R, Shindhe PS, **Kage V**
16. Development and Feasibility of a Novel Comprehensive SPARKS Physiotherapy Protocol for Somatic Tinnitus Associated with Cervical and Temporomandibular Dysfunction: A Randomized Controlled Trial. *Indian Journal of Otology*. 2024 Oct 1;30(4):257-66. Welling A, **Kage V**, Gurudut P, Narulkar R, Dusane P, Bhutada S
17. Efficacy of Cupping Therapy and Oral Medications in the Management of Non Specific Low Back Pain-A Pilot Study. *Asian Journal of Biological and Life Sciences*. 2024;13(1). Killedar RS, Shindhe PS, **Kage V**.
18. Investigating the Effects of Percussion Therapy on Ultrasonography-Diagnosed Thoracolumbar Fascia on Trigger Points and Hyperlordosis in Low Back Pain: A Placebo-Controlled Trial. Welling A, **Kage V**, Gurudut P, Patil C, Diniz W, Fernandes L, Patil P *Altern Ther Health Med*. 2024 Sep;30(9):16-22
19. Effect of Callisthenic Exercises vs Yoga on Health Related Quality of Life, Lipid Profile, Anthropometric Measurements and Ultrasonography findings in Polycystic Ovarian Syndrome: A Research Protocol. *Journal of Clinical &*

- Diagnostic Research. 2024 Aug 1;18(8). Bulbuli A, **Kage V**, Hukkeri M, Bellad M.
20. Impact of anti-gravity muscle training protocol on plantar pressure, pain threshold and foot posture on chronic painful heel: an RCT study, Gotecha, S. Gurudut, P, Welling, A, **Vijay Kage**. Comparative Exercise Physiology, 2024, 18(26), 20230036
 21. Functional Outcome Of THA Patients With Physiotherapy & Patient Reported Outcome Measures Scores: A Randomized Comparative Study. SEEJPH Volume XXVI, 2025, ISSN: 2197-5248; Posted:04-01-2025
 22. Combined effect of myofascial release and passive stretching on plantar pressure in individual with hamstring tightness- an experimental study, Journal of Bodywork and Movement Therapies. 2024,37 (2), 412-416. **Vijay Kage**, Akshata Basti, Amanulla Tashildar, Aayushi Jain
 23. Comparing callisthenic and motor control exercises for forward head posture on craniovertebral angle and postural stability: a randomised clinical trial. Comparative exercise physiology. 2024. Phadke, R, Gurudut, P, Welling, A. **Kage, V**. 20; 69-79
 24. Calisthenics Versus Pilates Training on Glycemic Control and Body Fat in Overweight Individuals with Type 2 Diabetes Mellitus?. 1 Jan. 2023 : 99 – 108. Kamat, Kinjol, **Kage, Vijay**, and Sequeira, Sherin.
 25. Occurrence of Temporomandibular Disorder in Subjects with Low Back Pain and Spinal Postural Deformities: An Observational Study. The Internet Journal of Allied Health Sciences and Practice. 2023 Sep 21;21(4), Article 16. **Vijay Kage**, Aarti Welling, Richa Dessai
 26. Pilates versus Bruegger’s exercises for forward head posture associated with temporomandibular joint dysfunction. Comparative Exercise Physiology. **G. S Malode, Kage V**, 2023
 27. Novel vibration therapy (MaRhyThe®) on cosmetic healing effects for facial Acne vulgaris **Kage, V.**, Welling, A. Gurudut, P., Joshi, M., Govindaswamy, S. 2022, 40(2), pp. 147–160
 28. Prototype of turnbuckle osteoarthritis knee brace with sensor based assessment of forces. Published in India Patents. Application No202241025897. May 2022. **Vijay Kage**, Peeyoosha G, Aarti W, Liyona, Namrata G and Gauri M.
 29. Effect of MaRhyThe versus myofascial mobility tool in female individuals with or without neck pain having forward head posture and buffalo hump – A randomized clinical trial. J Phys Ther Res 2020; 2:113-20 Miranda NS, **Kage V**.
 30. Compression, Myofascial release and Bowens Technique in Non-Specific neck pain- A randomized clinical trial. Pranata Dalal, **Vijay Kage**. Indian Journal of applied research. 2020
 31. Efficacy of Mckenzie’s Method of Therapy in Subjects with Temporomandibular Joint Disorders: An Experimental Study. Dr **Vijay Kage**, Dr Rohan Kalekar. International Journal of Current Advanced Research. Volume 7; Issue 6(E); July 2018; Page No. 14344-14347
 32. Immediate Effect of Pain Release Phenomenon Versus Positional Release Technique on Trapezius Muscle Trigger Points: A Randomized Clinical Trial. **Dr Vijay Kage**, Dr Kavita Sawardekar. International Journal of Current

- Advanced Research. Volume 7; Issue 6(E); June 2018; Page No. 13410-13413
33. Effects of Shoulder Proprioceptive Exercises on Non-Specific Neck Pain with Forward Head Posture: A Randomized Controlled Trial. **Dr Vijay Kage**, Dr Munpreet Singh, International Journal of Current Advanced Research. Volume 7; Issue 6(E); 2018; Page No. 13390-13395
 34. Buffalohump & Non-Specific Neck Pain- A Correlation Study **Vijay Kage**, Nikita Shamine Miranda, International Journal of Current Advanced Research Volume 7; Issue 6(G); June 2018; Page No 13520-13524.
 35. Effect of Weight and Non-Weight Bearing Quadriceps Exercises Versus Weight -Bearing Quadriceps Exercises on Patellofemoral Pain, Quadriceps Strength and Functional Ability: A Randomized Clinical Trial. Saitej Kolukula Naidu¹ And **Vijay Kage** ², International Journal of Medical Research & Health Sciences 2018,7(3):35-39
 36. Effectiveness of Voodoo Floss Band Versus Crepe Bandage in Subjects with Post-Operative LowerLimb Pedal Edema, **Vijay kage**, Yogesh patil, International Journal of Applied Research, 2018;7(6): 13498-13501.
 37. Effectiveness of Myofascial Release with Foam Roller Versus Static Stretching in Healthy Individuals with Hip Adductor Tightness: A Randomized Clinical Trial **Kage Vijay** and D'Silva Pamela V *International Journal of Medical Research & Health Sciences, 2017, 6(12): 35-41.
 38. Effect of Strain-Counter strain technique on the Craniovertebral angle in subjects with forward head posture: An Experimental Study, **Vijay Kage** and Nischita Sooji. International Journal of Sciences and Applied Research, 2017, 4(8) ;46-54
 39. Effect of neural flossing technique on pain, cervical range of motion and functional ability in subjects with acute, sub-acute trapezitis. **Vijay Kage** , Gayatri Gurav, International Journal of Applied Research, 2017;3(7) : 818-82
 40. Effect of Bowen Technique versus Muscle Energy Technique on Asymptomatic Subjects with Hamstring Tightness: A Randomized Clinical Trial **Vijay Kage**, Farhana Bootwala and Gayatri Kudchadkar. International Journal of Medical Research & Health Sciences, 2017, 6(4): 102-108.
 41. Immediate Effects of Triplanar Myofascial Release Vs Suboccipital Release in Subjects with Non-Specific Neck Pain: A Clinical Trial. **Vijay Kage**, Pavan Joshi, Int J Physiother Res 2017, Vol 5(3):2056-60. DOI: <https://dx.doi.org/10.16965/ijpr.2016.204>.
 42. To compare the effects of deep neck flexors strengthening exercise and McKenzie neck exercise in subjects with forward neck posture: a randomised clinical trial International **Vijay Kage** , Nishita Y. Patel , Mangala P. Pai, Journal of Physiotherapy and Research, Int J Physiother Res 2016, Vol 4(2):1451-58. ISSN 2321-1822
 43. Effect of Seven Sessions of Posterior-to-Anterior Spinal Mobilisation versus Prone Press-ups in Non-Specific Low Back Pain – Randomized Clinical Trial, shlesha shah, **vijay kage**, Journal of Clinical and Diagnostic Research. 2016 Mar, Vol-10(3): YC10-YC13.
 44. Effectiveness of stretching and strengthening exercises (Janda's Approach) in subjects with postural backache –RCT. **Vijay Kage**, B.B.Putti, International Journal Of Physiotherapy and Research, vol3, issue 6, December 2015, pg

- 1301-06.
45. Effect of Iliotibial Band Stretching Versus Hamstring and Abdominal Muscle Activation on a Positive Ober's Test in Subjects with Lumbopelvic Pain- A Randomized Clinical Trial. **Vijay Kage**, Saitej Kolukula Naidu, International Journal of Therapies and Rehabilitation Research, vol 4, issue 4, July 2015, pg. 111-116.
 46. Effectiveness of Medial Mulligan Glide Versus Internal Rotation Mulligan Glide in Knee Osteoarthritis-A Randomized Clinical Trial. Dharmesh Solanki, **Vijay Kage**, Romanian Journal of Physical Therapy, vol 21, issue 35, 2015, pg. 5-15.6
 47. Efficacy of Mulligan's Two Leg Rotation and Bent Leg Raise Techniques in Hamstring Flexibility in Subjects with Acute Non-Specific Low Back Pain: Randomized Clinical Trial. Pratik.A. Phansopkar, **Vijay Kage**, International Journal of Physiotherapy and Research, vol2, issue 5, 2014, 733-741.
 48. Screening of Lateral Epicondylitis in Sweepers Using Patient Rated Tennis Elbow Evaluation Questionnaire. **Vijay Kage**, Shamika Dessai, Samia Banu, Romanian Journal of Physical Therapy, vol 20, issue 34, 2014, pg 74-80.
 49. Effect of Mulligan's Two Leg Rotation Technique on Hamstring Flexibility in Subjects with Acute Non-Specific Low Back Pain: Clinical Trail. Pratik. Phansopkar, **Vijay Kage**, Journal of Medicine and Medical Research, vol 2, issue 6, September 2014, pg. 70-78.
 50. Immediate Effect of Active Release Technique versus Mulligan Bent Leg Raise in Subjects with Hamstring Tightness: A Randomized Clinical Trial. **Vijay Kage**, Rakhi Ratnam, International Journal of Physiotherapy and Research, vol 2, issue 1,2014, pg .301-304.
 51. Effects of Mulligan's Two Leg Rotation Technique in Hamstring Flexibility: Pre-Post Experimental Study. Pratik. A. Phansopkar, **Vijay Kage**, Romanian Journal of Physical Therapy, vol 20, issue 34, 2014, pg28-33
 52. Post-Operative Floating Shoulder Rehabilitation: A Rare Case. **Vijay Kage**, Rakhi Ratnam, Journal of Medical Science and Clinical Research, vol 2, issue 7, July 2014, pg 1751-1753.
 53. Stress Level in Undergraduate Physiotherapy Students: An Observational Study. **Vijay Kage**, Pratik P. Phansopkar, Romanian Journal of Physical Therapy, vol 19, issue 32, 2013, pg 43-47.
 54. "Effect of Translatory Mobilization on Chronic Neck Pain." A Case Study, Santosh Metgud, **Vijay Kage**, Aditya Tamboli, KLESH Lifeline XXVII, 2013, 61-63.
 55. "Effect of Mulligan's MWM in Stage 2 of Adhesive Capsulitis." A Case Study, Santosh Metgud, **Vijay Kage**, Chakradhar Reddy, KLESH Lifeline XXVII, 2013, pg. 53-55.
 56. Comparative Effectiveness of Active Release Technique and Rolfing Soft Tissue Manipulation in Normal Subjects with Hamstring Tightness- A Randomized Clinical Trial. Slesha Shah, **Vijay Kage**, Indian Journal of Physiotherapy and Occupational Therapy, vol 8, issue 2, April- June 2013, pg. 222-225.
 57. Comparison of Cyriax Physiotherapy and Taping Technique in Subjects with Tennis Elbow: A Randomized Clinical Trial. Ashish Prabhakar, **Vijay Kage**. Romanian Journal of Physical Therapy, vol 18, issue 29, 2012, pg 39-47.

58. A Comparative Study on Immediate Effect of Adductor Stretch MWM Versus MET in Subjects with Hip Adductor Tightness- A Randomized Clinical Trial. Dharmesh Solanki, **Vijay Kage**, Indian Journal of Physiotherapy and Occupational Therapy, vol 6, issue 4, Oct- Dec 2012, pg. 44-47.
59. Efficacy of Plyometric Training in Basketball Players- A Critical Review. Samantha F, Vibha B, Ganesh, **Kage V**, Indian Journal of Physiotherapy and Occupational Therapy, vol 6, issue 1, Jan-March 2012, pg. 183-186.
60. Comparison of Myofascial Release and Positional Release Therapy in Plantar Fasciitis- A Clinical Trial. Harlapur A. M., **Kage Vijay**, Chandu Basavaraj, Indian Journal of Physiotherapy and Occupational Therapy, vol 4, issue 4, Oct – Dec 2010, pg. 8-11
61. Stretching Procedures for Posterior Shoulder Tightness: A Randomized Clinical Trial. Ranjeet Sharma, Ganesh B.R., **Vijay Kage**, Subhash M Khatri, Indian Journal of Physiotherapy and Occupational Therapy, vol 4, issue 1, Jan- March 2010, pg. 62-67.
62. A Case Report and Follow-up Study on Myofascial Release of Posterior Chain Muscles for Chronic Sinus Headache. Nithisha, G. & Gurudut, Peeyoosha & Welling, Aarti & **Kage, Vijay**. (2025). International Journal of Therapeutic Massage & Bodywork. 18. 45-50. 10.3822/ijtmb.v18i4.1221.

PATENTS COPYRIGHT

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1. Comprehensive Obesity Related Evaluation Scale (CORES). LD-20250166528
2. Prototype of turnbuckle osteoarthritis knee brace with sensor based assessment of forces. Published in India Patents. Application No202241025897 date of patent granted: 26/042024
3. Comprehensive Assessment tool of history taking skill for healthcare Professionals (CATHS-HCP). L-148378/2024
4. SPARKS Comprehensive Physiotherapy Protocol for Patients Diagnosed with Tinnitus. L-143772/2024
5. KWAMPS Comprehensive Physiotherapy Protocol for Post-operative Oral and Maxillofacial Surgeries. L-136896/2023
6. 6 weeks calisthenic exercise protocol for polycystic ovarian syndrome. L-138873/2023

FUNDED PROJECTS

1. Received Grant from KLE University in the year 2024 for the project titled Prospective randomized clinical trial to compare faradic stimulation and Russian current intervention on healing and blood flow parameters in elderly population with diabetic ulcer
2. Received Grant from KLE University in the year 2024 for the project titled Impact of 3-dimensional myofascial release on tumor necrosis factor (tnf) alpha biomarker in nonspecific low back pain:a randomised controlled trial
3. Received Grant from KLE University in the year 2024 for the project titled Feasibility of Shockwave Therapy and Standardization of Dosage for Mild to

Moderate Forehead Acne

4. Received Grant from KLE University in the year 2023 for the project titled Interdisciplinary collaborative research between orthopaedic physiotherapy, ENT department and Microbiology department of KLE Institute
5. Received Grant from Society of Indian Physiotherapist 2023 for the project title

SCIENTIFIC PAPER/POSTER PRESENTATIONS

1. Effect of Gongs mobilization Vs Maitland Mobilization in subjects with adhesive capsulitis. MGM 1st International Conference 2019
2. Effectiveness of Voodoo Floss Band VS Crepe Bandage in Subjects with Operated Lower Limb Edema. RCT. National Conference D. Y Patil, Pune March 2018
3. Buffalo Hump and Non-Specific Neck Pain- A Correlation Study. National Conference D. Y Patil, Pune March 2018
4. Effect of Active Release Technique versus Myofascial Release on Subjects with Plantar Fasciitis: A Randomized Clinical Trial. **WCPT, Singapore, 2015.**
5. A Comparative Study on Immediate Effect of Adductor Stretch MWM Versus MET in Subjects with Hip Adductor Tightness- A Randomized Clinical Trial. Belgaum, National Physiotherapy Conference, KIPT, Belagavi, Dec 2012
6. Comparative Effectiveness of Active Release Technique and Rolfing Soft Tissue Manipulation in Normal Subjects with Hamstring Tightness- A Randomized Clinical Trial. National Physiotherapy Conference, KIPT, Belagavi, Dec 2012.
7. Effectiveness of Janda's Approach on Lower Crossed Syndrome in Subjects with Postural Back Ache: RCT. National Conference D. Y Patil, Pune, Feb 2012.
8. Efficacy of Ultrasound versus Ultrasound and Deep Friction Massage on Supraspinatus Tendinitis- RCT. National Physiotherapy Conference, KIPT, Belagavi, Dec 2012.

INSTITUTIONAL RESPONSIBILITIES

- Chairperson BOS from 2024
- Advisory member Indian Journal of Physical Therapy and Research, August 2021
- BOS member, 2014-2015 and 2020-2021
- Institutional NAAC Co-Ordinator, KAHER Institute of Physiotherapy, Belagavi, 2019 till date
- Clinical in-charge department of Physiotherapy at KLES Prabhakar Kore Hospital and MRC, Belagavi, 2019 till date
- Institutional administrative member, KAHER Institute of Physiotherapy, Belagavi, 2019 till date
- In-charge Institutional Exam section 2018 till date
- Treasurer- Alumni, KAHER Institute of Physiotherapy, Belagavi

- Anti-Ragging Committee member, KAHER, Belagavi
- Treasurer, “TRINITY 2016” KAHER, Belagavi
- Vice President, Student Council, 2018-2020, Institute of Physiotherapy, KAHER, Belagavi.
- Member Secretary for Institutional Parents- Teachers Association, KAHER Institute of Physiotherapy, Belagavi.
- Member, Board of extra Mural studies, KAHER Belagavi