


<b>PRATHEEKSHA KAMATH</b>		<b>MOBILE</b>	+918884245545	
		<b>HOME LANDLINE</b>	N/A	
		<b>AGE</b>	25	
		<b>DATE OF BIRTH:</b>	18 <sup>th</sup> February 1995	
		<b>CITIZENSHIP:</b> INDIAN	<b>MARITAL STATUS:</b> Unmarried	<b>EMAIL</b>
<b>LANGUAGE PROFICIENCY:</b> English, Kannada, Konkani, Hindi				
<b>PRESENT AND PERMANENT ADDRESS</b>		Old post office, near Veera Vitthala Temple Udyavara, Pin:574118		
<b>OBJECTIVE</b>	<ul style="list-style-type: none"> <li>To work in an atmosphere where there is growth and opportunities to learn and ventures to develop skills in geriatric physical therapy and research, and also gives occasions to build on knowledge and expertise.</li> <li>To provide the evidence-based treatment and holistic rehabilitation to patients.</li> </ul>			
<b>STRENGTHS</b>	<ul style="list-style-type: none"> <li>Hardworking</li> <li>Regular and Punctual</li> <li>Dedicated</li> <li>Strong team worker</li> </ul>			
<b>ACADEMIC HIGHLIGHTS:</b>				
<b>Grade</b>	<b>School / College</b>	<b>Board / University</b>	<b>Duration</b>	<b>%/class</b>
Higher Secondary School Certificate	Our Own English High Sharjah	CBSE	2008 – 2011	CGPA: 8.8
Secondary School Certificate	Our Own English High Sharjah	CBSE	2011 – 2013	Percentage: 90 %
Bachelor of physiotherapy	School of allied health sciences, Manipal Academy of higher education, Manipal	Manipal Academy of higher education, Manipal	2013 – 2018	1 <sup>st</sup> year: 78.36% 2 <sup>nd</sup> year:71.5% 3 <sup>rd</sup> year:70.5% 4 <sup>th</sup> Year: 73.6% Overall: <b>First class</b>
Master of physiotherapy	Manipal College of Health Professions, Manipal	Manipal Academy of higher education, Manipal	2018 –2020	GPA 1 <sup>st</sup> SEM:8.5 2 <sup>nd</sup> SEM:8.78 3 <sup>rd</sup> SEM: 8.88 4 <sup>th</sup> SEM:8.81
<b>SPECIALIZATION</b>	Geriatrics	<b>ELECTIVE</b>	Healthy aging	
<b>PROFESSIONAL EXPERIENCE DURING UNDERGRADUATIO, INTERNSHIP AND POSTGRADUATION</b>				

INTERNSHIP	At Kasturba hospital, Manipal from June 2017- January 2018	
UNDERGRADUATE AND INTERNSHIP POSTINGS	<ul style="list-style-type: none"> <li>• Neurology</li> <li>• Obstetrics and gynecology</li> <li>• Pediatrics</li> <li>• Cardiopulmonary (cardiac ward, cardiac rehabilitation, Oncology, ICU, surgery ward, Diabetic and laser clinic, Burns, nephrology, plastic surgery, pulmonary rehabilitation clinic, medicine wards and fitness unit)</li> <li>• Community based rehabilitation</li> <li>• Geriatrics</li> <li>• Orthopedics</li> <li>• Outpatient department</li> <li>• Neuro- surgery</li> </ul>	
POST-GRADUATION	<ul style="list-style-type: none"> <li>• 1<sup>st</sup> SEM: Posted in all above postings</li> <li>• <b>Community based rehabilitation</b>- attended community outreach programs and camps</li> <li>• <b>Geriatric rehabilitation</b>- evaluation and treatment of elderly people living in old ages homes in and around Udupi district</li> <li>• <b>Geriatric clinics</b>-screening, assessment and management of older adults from specialized clinics at KH-Hospital</li> <li>• <b>Industrial rehabilitation</b>- evaluation and management of worksite and workers in industries in Industrial area, Manipal</li> </ul>	
WORKSHOPS AND CERTIFICATIONS	<ul style="list-style-type: none"> <li>• International Seminar on Healthy Aging 2020 held on 31<sup>st</sup> January 2020</li> <li>• MIPCON 2017- Delegate, Manipal Academy of Higher Education</li> <li>• Cardiology Update 2017, Manipal University</li> <li>• Pre-Conference Workshop on Critical Care Physiotherapy- 2017 Manipal University, Manipal</li> <li>• Workshop on screening, Identification and management of Diabetic foot complications, Manipal University, Manipal</li> <li>• CME on 'Neural plasticity after Stroke: From Restoration to Rehabilitation' on September 1st, 2018 conducted by Department of Physical therapy, KMC Mangaluru</li> <li>• Preconference workshop on 'Critical care Physiotherapy', on 28th February 2017 organised by the department of physiotherapy, SOAHS, Manipal University</li> <li>• International Physiotherapy conference, Mangalore Physio Con on 3rd and 4th March 2017, organised by South Canara Physiotherapy Teachers Association.</li> <li>• Manipal International Physiotherapy conference on 7th to 9th December 2017</li> <li>• Workshop on 'Screening, Identification and Management of Diabetic Foot Complications' on 30th and 31st January 2016 organised by School of Allied Health Sciences Manipal</li> <li>• Attended 'Cure is Possible' workshop on Wholistic Healing Modalities of Shivyog, held on 26th – 31st August 2016</li> <li>• Symposium on 'Add life to years' on 8th September 2016 organised by the Department of Physical Therapy, SOAHS, Manipal</li> <li>• CME 'Traumacon Manipal' on 15th November 2015 organised by Kasturba Medical College and Hospital, Manipal</li> </ul>	
SKILL SETS	Technical Software's	SPSS
	General Software's	MS Office (Word, Excel, PowerPoint)

<b>RESEARCH WORK</b>	<ul style="list-style-type: none"> <li>• A study done in 'Factors influencing return to work among individuals with neurological disabilities.' Study was completed in 2018 under the guidance of Dr Girish N and Ms Sidhiprada Mohapatra</li> <li>• A study done, titled 'Influence of physical activity promotion on inflammatory markers in middle aged individuals. Study was completed in 2020 under the guidance of Dr.Arun G Maiya and Dr. Manikandan</li> </ul>
<b>PRESENTATIONS</b>	<ul style="list-style-type: none"> <li>• Presented a poster on 'Microcurrent Therapy' at Mangalore Physio Con 2017 organised by the South Canara Physiotherapy Teachers</li> <li>• Oral presentation titled 'A narrative review on worksite wellness program for the ageing workforce' on 31st January 2020 organised by Prasanna College of Public Health.</li> </ul>
<b>EXTRA- CURRICULAR ACTIVITIES</b>	<ul style="list-style-type: none"> <li>• Worked as head girl in higher secondary school</li> <li>• Was a section editor for the school magazine</li> <li>• Participated in Intra-College debate competitions and won 3<sup>rd</sup> place in 2014 in Pulse debate event organised by School of Allied Health Sciences</li> <li>• 1<sup>st</sup> place winner in National Level Intercollegiate Quiz competitions on 4 th March at Yenapoya university, organised by South Canara Physiotherapy Teachers Association</li> <li>• Participated in intra-college dance competitions and won 3<sup>rd</sup> place for eastern dance.</li> </ul>

The above information provided by me is true and have all the relevant documents to authenticate the same.

**PLACE: Manipal, Karnataka**

**DATE: 26.09.2020**

**PRATHEEKSHA KAMATH**