

CURRICULUM VITAE

PERSONAL DETAILS:

NAME: SNEHAL RITESH DHARMAYAT

FATHER'S NAME: DR. CHIDANAND S. PATIL

HUSBAND NAME: AR. RITESH DHARMAYAT

DATE OF BIRTH: 2ND AUGUST 1978

GENDER: Female

NATIONALITY: Indian

MARITAL STATUS: Married

LANGUAGES KNOWN: Kannada, English, Hindi, and Marathi

ADDRESS FOR CORRESPONDENCE:

Plot no 20, Scheme no 40, Double Road, BUDA layout, Opposite Kuvempu

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EDUCATIONAL QUALIFICATION:

Course	Board / University	Year of Passing
Master in Physiotherapy (2 yrs.) (Pediatric Physiotherapy) J.N. Medical College, Belgaum. Karnataka.	Rajiv Gandhi University of Health Sciences	2004 (First attempt)
Bachelor in Physiotherapy (4 ½ yrs) J.N. Medical College, Belgaum. Karnataka.	Karnataka University, Dharwad	2001 (First attempt)
Fellowship in Health Professions Education (One Year)	Sri Balaji Vidyapeeth, Puducherry	Pursuing (Since March 2021)

PG Dissertation:

“Does Leggedness Exist? An evaluative study to establish lower extremity dominance.”

UG Project Undertaken:

“Rest vertical dimension of occlusion as measured by EMG Biofeedback.”

Additional Training:

BRAIN- HIT 12 month Evaluator training, March 2008

M2T Blade IASTM training, May 2016

NSS PO Training at NSS-ETI, Mysuru, September 2017

Matrix Rhythmus Therapy, December 2017

Life Skills Training, NIMHANS, Bengaluru, March 2019

ICF training by Dharma Foundation, Delhi, June 2019

Universal Accessibility & Access Audit Training by SPASTN, Chennai,
October 2019

**ICF Facilitator by WHO Dutch Collaborating Center, March- August
2020**

Workshops / CME / Conference Organized/ Attended:

1. Attended Workshop on management of Low Back Pain held at Department of Physiotherapy, J.N. Medical College, Belgaum in September 1998.
2. Attended Workshop on “Early intervention in high risk babies” at JNMC in September 1999.
3. Attended Hands on training workshop on CPBR held by Dept. of Anesthesia, JN Medical College, Belgaum in January 2001.
4. Attended C.M.E. in Neurology organized by Department of Neurology, J.N. Medical College, Belgaum in March 2003.
5. Attended CPE in Manual therapy of Cervical spine in September 2003.
6. Attended Silver Jubilee Congress of Indian Association of Sports Medicine, Amritsar, December 2003. Presented a paper titled “Does leggedness exist? An evaluative study to establish lower extremity dominance.”
7. Conducted workshop on Neuro Developmental Therapy at K.L.E.’S Institute of Physiotherapy, Belgaum in 2004.
8. Organized (organizing secretary) & attended workshop on “Surgical Management of cerebral palsy” at KLES institute of Physiotherapy in February 2007.
9. Attended training workshop on “The role of Botulinum Toxin in Cerebral Palsy” at Lakshmi Neuro center, Hyderabad, August 2007.
10. Attended UDEHP workshop on Teaching Methodology in January 2008.

11. Attended International Training program on Brain Research to Ameliorate Impaired Neurodevelopment: Home- based Intervention Trial (BRAIN HIT) 12 months Evaluation Training in March 2008.
12. Attended CPE on “Neonatal Physiotherapy & Neonatal Resuscitation” in September 2008.
13. Attended UDEHP workshop on Evidence Based Physiotherapy in May 2009
14. Participated in the Global Diabetes Walk on occasion of World Diabetes Day, 14th November 2009.
15. Attended National Update on Neuro-physiotherapy in December 2009.
16. Attended Workshop on Sensory Integration in January 2010.
17. Attended 48th Annual Conference of Indian Association of Physiotherapists in January 2010.
18. Attended UDEHP workshop on Microteaching in February 2010.
19. Attended UDEHP workshop on Writing Grant Application in December 2011.
20. Organized (Treasurer) & Attended National Conference on orthopedic Manual Therapy & Physiotherapy Update in December 2011.
21. Attended Post conference Workshop on Neurodevelopmental Therapy in December 2011.
22. Attended International Conference on Research in Professional Education (ICON-RIPE) in Feb 2012
23. Attended orientation program for newly recruited faculty organized by UDEHP in Aug 2012
24. Organized & attended seminar on Visual Rehabilitation in November 2012

25. Organized (Treasurer) & attended National Conference on Physiotherapy Update in December 2012
26. Attended Post conference Workshop on Applying Sensory Integration- Principles in Pediatric Physiotherapy in December 2012
27. Organized (UDEHP Coordinator) & attended UDEHP workshop on Pedagogic & Personal Effectiveness in December 2012
28. Attended 51st Annual Conference of Indian Association of Physiotherapists in February 2013
29. Attended Intensive Training program on Developmental Scales used in Pediatrics in April 2013.
30. Organized & Attended UDEHP Workshop on Personality Development & Emotional Quotient, November 22nd & 23rd 2013
31. Attended International Conference on Childhood Disabilities held at Mangalore from 18th to 20th December 2013.
32. Attended Hands on Workshop on Sensory Integration, September 12th & 13th 2014
33. Organized & Attended UDEHP Workshop on Self-Management Skills November 17th & 18th 2014
34. Attended Workshop on Advanced Trunk Control using NDT Concept, May 8th & 9th 2015
35. Attended UDEHP Workshop on Skill Development in Leadership, Administration & Scholarship, May 16th 2015
36. Attended UDEHP Workshop on Fitness Evaluation & Prescription for Health Professionals, 27th & 28th November 2015
37. Attended Hands on Workshop on M2T BLADE- IASTM , 30th & 31st May 2016
38. Attended UDEHP Workshop on Stress Management & Relaxation, 17th & 18th June 2016

39. Organized & Attended Workshop on Contemporary Baby Treatment, 4th & 5th February, 2016
40. Organized & Attended Workshop on Trans disciplinary Approach in the Management of Persons with Disability, 4th & 5th May, 2016
41. Attended Pre- Conference Workshop on Uncovering disability Iceberg-Autism & ADHD at 11th Annual Conference of The Indian Academy of Cerebral Palsy, 25th November, 2016
42. Attended & Presented Paper at 11th Annual Conference of The Indian Academy of Cerebral Palsy, 26th & 27th November, 2016
43. Attended UDEHP Workshop on Physiotherapy in Women's Health, 9th & 10th December 2016.
44. Attended UDEHP Workshop on Work Ethics & Culture, 7th April 2017.
45. Attended UDEHP Workshop on Newer Assessment Methods (WPBA)- Need of the Hour, 24th April 2017
46. Organized & attended Workshop on Adjunct Therapies used in the management of Cerebral palsy, 16th & 17th May 2017
47. Attended UDEHP Workshop on Aqua Therapy- A stress buster, 11th August 2017.
48. Attended 1st National Workshop on Enhancement of Quality of Health Science Journals on 15th September 2017
49. Attended UDEHP Workshop on Effective scientific writing skills, 22nd September 2017
50. Attended Workshop on Clinical Pilates Module-1 Back Care on 17th & 18th November 2017.
51. Attended UDEHP Workshop on Leadership in Medical Education on 25th November 2017.
52. Attended Hands-on Workshop & Certification on Matrix Rhythmus Therapy, 21st December 2017

53. Attended National Seminar on Health Economics on 30th January 2018
54. Attended Workshop on Community Based Intervention for Children with Special Needs on 3rd April 2018
55. Attended UDEHP Workshop on Technology trends for future learning on 5th March 2018
56. Attended UDEHP Workshop on Classroom Management on 9th July 2018
57. Attended DOPE Workshop on Problem Based Learning, 14th & 15th December 2018
58. Attended DOPE Workshop on Case Based Learning, 16th January 2019
59. Attended Life Skills Training at NIMHANS, Bangalore, 25th to 30th March 2019
60. Attended UDEHP Workshop on Outcome Based Education, 8th April 2019
61. Attended UDEHP Workshop on Professionalism in Medical Education, 9th April 2019
62. Organized & Attended Workshop on International Classification of Functioning, 20th & 21st June 2019
63. Attended UDEHP Workshop on “Equipping tomorrow’s doctors with soft skills- What faculty needs to know” on 19th October 2019
64. Organized & Attended Workshop on Universal Access & Accessibility Audit, 23rd – 25th October 2019
65. Attended UDEHP Workshop on Clinical documentation & Medico-legal issues, 14th November 2019
66. Attended National Conference on Health Professions Education, November 21st -23rd 2019

67. Attended DOPE Lecture on Teaching Methodologies for improving student learning, 13th December 2019
68. Attended One Day State Level Workshop on Early Cancer Detection, 4th February 2020
69. Attended UDEHP Workshop on Innovative Pedagogies for Powerful Teaching, 26th February 2020
70. Attended International Training ICF Facilitator Course at Pune, March 13th- 15th 2020
71. Attended DOPE Lecture on Strategies for Student Engagement 18th June 2020
72. Attended DOPE Lecture on E-content developing 8th July 2020
73. Attended online DOPE workshop on using MS Excel 18th June 2020
74. MEU India course on E-learning for health profession educators 1st September 2020-December 2020
75. Organized & attended Faculty development program on newer methods of student evaluation 18th & 19th September 2020
76. Attended UDEHP workshop “Explore the untapped within you” 16th March 2021
77. Attended One day workshop on National Education Policy 2020 organized by KAHER, April 2021
78. Attended ICON MEU Conference (online) organized by AVMC, 17th & 18th November 2021

Chairperson/Co-Chairperson/ Resource Person:

1. Resource Person for Workshop on Neurodevelopmental Therapy in 2004.
2. Resource Person for CPE on Neonatal Physiotherapy & Neonatal Resuscitation in September 2008.

3. Resource Person for Intensive Training Program on Developmental Scales used in Pediatrics in April 2013.
4. Chairperson for Scientific Session (Poster Presentation) during National Update on Neuro- Physiotherapy in December 2009.
5. Co- Chairperson for Scientific Session (Poster Presentation) during National Conference on Orthopedic Manual Therapy & Physiotherapy Update in December 2011.
6. Co- Chairperson for Scientific Session (Platform Presentation) during National Conference on Physiotherapy Update in December 2012
7. Co- Chairperson for Scientific Session (Paper Presentation) during 51st Annual National Conference of Indian Association of Physiotherapists in February 2013
8. Resource Person for PG Intensive training program on Developmental Scales used in Pediatrics 2013
9. Resource Person for Workshop on Research Methodology 2013
10. Resource Person for Workshop on Research Methodology 2014
11. Attended CME in Neonatal Neurology at BIMS, Belgaum as Resource Person, June 13th & 14th 2014
12. Resource Person for Workshop on Research Methodology, September 22nd -23rd ,2017
13. Chairperson for Scientific session (Paper Presentation) International Pain E-Conference, March, 2021
14. Resource Person for Life Skills training for Nursing students on 30/07/2021
15. Resource Person for UDEHP Workshop on Innovative Teaching & Assessment Methods (WBPA), November 2021

OTHER ACTIVITIES-

- Organizing Member, Trinity-2016, 18th to 20th March 2016
- Organizing Member, Centenary Celebration Program Singari Melam organized by KIPT, 13th August 2016
- Coordinator for KIPT for conduct of Swachh Belagavi as part of KLE Centenary Celebrations, 10th November 2016
- In-charge of Graffiti competition as part of KLE Centenary Celebrations, 9th November, 2016
- Organizing Member, National Integration Camp hosted by KAHER NSS Cell, February-March 2019
- Organizing Member, National Conference on Health Professions Education hosted by KAHER in association with FAIMER & AHPE, November 2019

Work Experience:

At J.N. Medical College Dept. of Physiotherapy & KLE Institute of Physiotherapy

- Worked as Clinical Assistant, Dept. of Physiotherapy, KLE Hospital & MRC from 1st March 2001 – 31st December 2001.
- Worked as Junior Lecturer from 1st January 2002 – 31st December 2004.
- Worked as Lecturer from 1st Jan 2005 -4th April 2008 at KLE's Institute of Physiotherapy, Belgaum.
- Worked as Assistant Professor from 4th April 2008- 1st April 2014 at KLEU Institute of Physiotherapy, Belgaum
- **Working as Associate Professor from 1st April 2014 till date at KLEU Institute of Physiotherapy, Belagavi**

- Worked as Class Coordinator for 1st year & 3rd year BPT, PG Coordinator & Clinical In-charge, KLEU Institute of Physiotherapy
- Worked as Member-Secretary, Institutional Ethics Committee, KLEU Institute of Physiotherapy from 2008-2011.
- Worked as 4th year BPT Coordinator, KLEU Institute of Physiotherapy 2015-2016
- UDEHP Coordinator for KLEU Institute of Physiotherapy from August 2012-2015.
- **NSS Program Officer for KLEU Institute of Physiotherapy, NSS Unit 5 KAHER, Belagavi from April 2015- March 2019**
- **In-charge Curriculum Committee, KIPT from August 2019 onwards**
- In-charge Parent-Teacher Association of KAHER Institute of Physiotherapy from March 2019 onwards
- In-charge Peripheral posting for KAHER Institute of Physiotherapy August 2019 onwards
- **Associate Editor, Indian Journal of Physical therapy & Research, August 2021 onwards**

At KLE University, Belgaum

- Worked as Assistant Controller of Examinations from 17th January 2013- 6th June 2015.
- Member of Academic Council, KLE University from 2014-2016
- Member- Secretary, Board of Studies for Physiotherapy from July 2017- June 2019
- Member of Faculty of Science (Interdisciplinary Studies/ Research) from 1st January 2018 onwards
- Member, University Cell for Women, 2009 onwards

Total work Experience: 20 years 10 months.

Total Teaching Experience: 20 years

Membership:

- Life Member of Indian Association of Physiotherapists – Reg.No: L-7916
- Life Member, Academy of Health Professions Educators, India
- Treasurer, Hemophilia Society of India, Belgaum Chapter.
- Former Member- Secretary, Alumni Association of KLEU Institute of Physiotherapy, Belgaum.

Nature of work:

Teaching & evaluation of undergraduate and postgraduates, patient evaluation, diagnosis, treatment and clinical discussion.

University assignments:

- Internal examiner for 1st, 2nd and 4th year BPT in the subjects of, Biomechanics, Therapeutics, Physiotherapy in Neurology, Physiotherapy in Orthopedics & Physiotherapy in General Surgery from 2005 till date.
- Internal examiner for MPT Pediatrics 1st year in 2011, 2012, 2013, 2015, 2016
- Internal examiner for MPT Neuro-Physiotherapy 2nd year 2014
- Coordinator for Theory Valuation of RGUHS Examination in 2009.
- Paper valuation in all the subjects of 1st to 4th year BPT & MPT Pediatrics.
- Dissertation Valuation for MPT in Pediatric Physiotherapy, Physiotherapy in Neurology, Community Physiotherapy

- Theory examination invigilator & Room Superintendent for undergraduates & PG from 2001 till 2012.
- External examiner for 3rd year BPT for Physiotherapy in Neuroscience, Manipal Academy Of Higher Education at Mangalore & Physiotherapy in General Medicine for 4th year BPT, RGUHS at Acharya College of Physiotherapy, Bangalore, Oxford College of Physiotherapy, Bangalore & Physiotherapy in Neurology 4th year BPT at M. S. Ramaiah College, Bangalore
- Question paper setting for MPT in Pediatrics of Meenakshi Academy of Higher Education & Research, Chennai (twice), Baba Farid University of Health Sciences, Faridkot, Punjab (Thrice), Pravara Institute of Medical Sciences, Loni & R K University, Rajkot, Rajasthan
- Question paper setting for BPT in the subject of Biomechanics for NITTE University, Mangalore & Goa University & Exercise Therapy for Baba Farid University of Health Sciences, Faridkot, Punjab,
- Assistant Custodian for Theory Valuation of KLE University, Belgaum in January 2012
- Observer for Certificate Courses in Dental Theory examination in February 2013 & PG Theory Examination of KLEU, Belgaum in April 2013.
- Internal examiner for MPT CBR 2nd year in 2018
- Internal Examiner MPT CBR 2nd year 2020
- Internal Examiner MPT CBR 1st year 2020
- External Examiner for MPT CBR exam (online), SDM College of Physiotherapy, Dharwad December 2021

Presentations:

- **Presented Paper titled “Does leggedness exist? An evaluative study to establish lower extremity dominance” at Silver Jubilee Congress of Indian Association of Sports Medicine, Amritsar in December 2003.**
- **Presented Paper titled “Relationship between Lower Extremity Muscle Strength and Balance Performance in Children aged 6-10 Years”, Indian Association of Cerebral Palsy Conference, Bengaluru, November 2016.**
- **Presented Paper titled “Usefulness of NSS in Physiotherapy curriculum”, NCHPE, November 2019.**

Publications:

1. Gawas Varuna, **Dharmayat Snehal**, Assistant Professor, Nitsure Peeyoosha, Lecturer :**Hamstring Index in School Children- A Cross-Sectional Study in Belgaum City** Indian Journal of Occupational & Physiotherapy, Jan-April 2011:15(2); 162-168
2. Anand H, **Snehal Dharmayat: Effect of Russian currents on Quadriceps muscle strength in subjects with Primary OA- An RCT** International Journal of Physiotherapy & Research, Vol 2(3), pg no 555-60, 2014
3. **Snehal Dharmayat**, Sangita Shrestha: **Assessment of Posture & Musculoskeletal pain in school going girls using backpacks** IOSR Journal of Nursing & health science, Jan-Feb 2017: vol6,Issue1, ver. 5
4. Priyanka Mudaliar, **Snehal Dharmayat: Influence of strength and proprioception training on functional ankle stability among young skaters** Indian Journal of Health Science & Biomedical research, 2017;10:317-22
5. Diwanmal S.B, **Dharmayat S.R**, Biradi M.K, Vanaki R.N, Pol R.R, Yelamali B.C: **Predicting the effectiveness of Test of Infant Motor Performance as an early marker of motor development delay in preterm infants** Pediatric Review: International Journal of Pediatric Research, September 2017, Vol 4, Issue 09

6. **Snehal Dharmayat, Mehreen Bandmaster: Effect of a structured Physical Activity on academic performance in 10-15 year old children of Belagavi city** International Journal of Physiotherapy & research 2018, vol 6(5):2840-47
7. Subhadip Bera, **Snehal Dharmayat: Effect of Agility training exercise on motor proficiency & anthropometry in 6-10 year old children with Obesity** Indian Journal of Physical Therapy and Research 2019;1:11-16
8. **S Dharmayat, S R Murthy: Short Term Effect of Physical Activity on Anxiety and Depression in Adolescents** Indian Journal of Public Health Research & Development August 2019; vol 10 number 8: 1069-1074
9. Sanjiv Kumar, **Snehal Dharmayat: New CBE- Where we stand? Experience from KIPT, Educause, August 2019**
10. Shruti Murthy, **Snehal Dharmayat: Relationship between home environment & psychomotor development in Urban & Rural children- A cross sectional study.** Indian Journal of Physical Therapy and Research Volume 2, Issue 1 Jan-June 2020, 41-46
11. **Dharmayat S, Thakkar MP, Kolmule S. Association of foot posture with lumbar lordosis angle in teachers.** Indian J Phys Ther Res 2021; 3:46-50.
12. **Dr. Snehal Dharmayat, MPT. “Physical Therapy for Segawa Syndrome.” IOSR Journal of Nursing and Health Science (IOSR-JNHS), 10(4), 2021, pp. 46-48.**
13. **Kore P, Metgud R, Kour H, Bhupali P, Dharmayat S, Maste M, Dhaded N. Knowledge, Awareness & Practices of Breast Cancer in Belagavi.** J Med Sci Health 2021; 7 (2): 47-60

Other Achievements:

1. **Karnataka State Award “Best NSS Program Officer (Female) for the year 2018-19**
2. **Best Teacher Award by KLE University in September 2010.**
3. **Runners Up for Debate on Teacher’s Day 2014, KLEU**
4. **Best NSS Program Officer (Female), KAHER ,2018-19**

5. 1st Prize in Cookery Competition conducted by Swashakti Empowerment Cell for Women of KLE University Belgaum as part of Deepotsav Celebration in October 2009.
6. Consolation Prize in Essay Competition as part of World Breast Feeding Week conducted by Inner Wheel Club of Belgaum in August 2007.
7. Runner's Up in Throw Ball event as part of Annual Sports Meet of Swashakti Empowerment Cell for Women of KLE University, Belgaum in February 2009.
8. Second prize in Cookery Competition Conducted by Swashakti Empowerment Cell for Women Deepotsav 2015
9. Second Prize in Eggless Cake baking Competition conducted by Veershaiva Mahila Samaj, Belagavi, 2016

Special areas of interest:

1. Community Physiotherapy
2. Physiotherapy Education
3. Pediatric Physiotherapy

Reference:

Dr. Sanjiv Kumar. MPT PhD
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