

RESUME

PERSONAL DETAILS

Name: Vijayalaxmi V. Kanabur

Date of Birth: 10/10/1997

Gender: Female

Nationality: INDIAN

Marital Status: Unmarried.

Phone No: 8867480565

Email ID: vvkdeeksha@gmail.com

Address: Plot No: 482, Scheme No: 13, Doordarshan Nagar,
Near Hanuman Nagar Circle, T.V.Centre, Belagavi, Karnataka-590001.



Qualifications: Master of Physiotherapy in Geriatrics.

Languages Known: English,Kannada,Hindi,Marathi.

CARRIER OBJECTIVE:

Interested to join a reputed organization as a Physical Therapist to contribute my professional experience and knowledge in the area of geriatric rehabilitation. My area of interest for research is focused on musculoskeletal disorders and its rehabilitation in elderly.

KEY SKILLS.CORE COMPETENCIES AND STRENGTHS:

- 1) Knowledge and experience in all the domains of physiotherapy in elderly individuals.
- 2) Patience and focused nature towards rehabilitation in elderly individuals.
- 3) Experience of managing efficiently large department individually as Post Graduate
- 4) Efficient Teaching and Professional Skills.
- 5) Efficient Communication and Documentation, Interpersonal and Teamwork Skills.

EDUCATIONAL PROFILE

Degree	University	Year Of Completion	Percentage
SSLC	Karnataka State Secondary Education Examination Board	2013	85.12%
P.U.C (PCMB)	Karnataka State Department of Pre-university Education	2015	59.83%
Bachelor in Physiotherapy	KLE Academy of Higher Education and Research Institute Of Physiotherapy, Belagavi Karnataka	August 2015 – March 2020	Aggregate of 61.87%
Master of Physiotherapy in Geriatrics	KLE Academy of Higher Education and Research Institute Of Physiotherapy, Belagavi Karnataka	September 2020 – August 2022	Aggregate of 62.7%

RESEARCH WORK:

1. Under-graduation.

Effect of SCENAR Therapy On Pain, Range Of Motion And Function In Subjects With Trapezitis- A Randomized Controlled Trial.

2. Post-graduation

- 1) Assessment Of Motor Function By Developing A New Programme In Community Dwelling Elderly-A Pilot Study.
- 2) Effect Of Dynamic Cupping Therapy v/s Vibrating Foam Roller On Pain, Range Of Motion, Function And Quality Of Life In Elderly With Sub Acute And Chronic Osteoarthritis Of Knee-A Randomized Controlled Trial.

ACHIEVEMENTS AND CERTIFICATION:

1. Completed Certificate Course in Orthopedic Manual Therapy (**COMT**) from Capri Institute of Manual Therapy, from 28th January 2020 to 4th February 2020.
2. Completed the 3 Skills Certification workshop on Jade stone Mobilizers, on Abrasive Cupping and Clinical Skills Assessment and management in 2020.
3. Certified in Cupping Dynamics, Myofascial release, Dry Needling, Instrument Assisted Soft Tissue Mobilization (**IASTM**) in both basic and Advanced Modules from HPE INDIA, from February 2020
4. Completed Certificate Course on Health Research Fundamentals by **NPTEL SWAYAM**, with consolidated score of 69% from September to November 2020.

CONFERENCES AND WORKSHOP:

1. Certification of attendance in webinar titled "Matrix Rhythm Therapy" held on 7th October 2020 organized by R.V.College of Physiotherapy, Banagalore.
2. Certification of attendance in **SIP-e-CON**, virtual Conference organized by Society of Indian Physiotherapist, from Amar Jyoti Institute of Physiotherapy, Delhi on 17th January 2021.
3. Certification of attendance at **QUADRANS 2021** International Physiotherapy Virtual Conference held on 26th & 27th February 2021, Organized by KLE Institute of Physiotherapy, Belagavi.
4. Completion of Webinar on "**Pain in elderly : An Interdisciplinary approach in evaluation and Management**" held on 18th September 2021, by Department of Physiotherapy, Kasturba Medical College, Mangalore.

5. Certification of Presentation in “International Multidisciplinary Rehab E-Con 2022”, on 26th February and 27th February 2022 organized by MGM School of Physiotherapy, Aurangabad and ACNM .
6. Certification of attendance in National CME on “**DIGNOSTIC IMAGING FOR PHYSIOTHERAPISTS** “held on 26th April 2022 by Department of Physiotherapy, Sri Devraj Urs Academy of Higher Ecdueation and Research, Kolar.
7. Certification of attendance in the International Virtual CME on “ **TELEHEALTH FOR COMMUNITY POPULATION – CHALLENGES AND OPPORTUNITIES**” held on 7th May 2022 by Department of Physiotherapy, Sri Devraj Urs Academy of Higher Ecdueation and Research, Kolar.

PROFESSIONAL EXPERIENCE:

1. Six Months of rotatory clinical internship in various departments of Advanced Physiotherapy Centre, KLES Dr. Prabhakar Kore Hospital and MRC.(August 2019- February 2020)
2. Four Months of Clinical and Domiciliary Experience as Part time Physiotherapist in Clinics of Belagavi City.(April 2020- August 2020)
3. Twenty four months of experience as physiotherapist in Out-patient and In patient settings at Advanced Physiotherapy Centre, KLES Dr. Prabhakar Kore Hospital and MRC which is part of MPT Curriculum.(August 2020-August 2022).
4. Seven Months of Clinical and Domiciliary Experience as Assistant Physiotherapist in Clinics of Belagavi City.(September 2022- Till date).

PROFESSIONAL PROFILE:

A Master in Physiotherapy graduate specialized in Geriatric Physiotherapy skilled in independent patient management, communicating treatment plans with patient, care givers and the Senior Faculty. Running of the Out-patient and inpatient services in multidisciplinary team approach.

DECLARATION

I Vijayalaxmi Kanabur, hereby declare that the details mentioned above in my resume are true to the best of my knowledge and belief.

Place: Belagavi.

Date:

(Vijayalaxmi Kanabur)