## **KLES INSTITUTE OF PHYSIOTHERAPY NSS UNIT- 5**

ACTIVITIES REPORT (July to Dec 2024)



- KAHER NSS Unit 5 KLE's Institute of physiotherapy conducted a **total of 46 activities.**
- Seven day NSS mega camp.

## DR. PRABHAKAR KORE SIR'S 77<sup>th</sup> BIRTHDAY CELEBRATION AT PRIMARY SCHOOL (1<sup>ST</sup> AUGUST ,2024)

On the occasion of Dr. Prabhakar Kore sir's Birthday on August 1<sup>st</sup> 2024 KAHER Unit 05 of KAHER INSTITUTE OF PHYSIOTHERAPY organized a cake cutting ceremony by 1<sup>st</sup> and 2<sup>nd</sup> standard school students at the primary school at Islampur.



## DONATION OF SPORTS KIT TO SECONDARY SCHOOL (1<sup>ST</sup> AUGUST ,2024)

On the occasion of Dr. Prabhakar Kore sir's birthday on 1st August 2024, KAHER Unit 05 of KAHER INSTITUTE OF PHYSIOTHERAPY donated sports kit to students at Islampur which included :

Cricket kit-2 Bats, 6 stumps, 6 balls, 2 Volleyballs, 2 Footballs, Chess board, Carrom board, 5 Tennis balls, and a March Past drill set.



## AWARENESS ON PREVENTION OF DENGUE (1<sup>ST</sup> AUGUST,2024)

On August 1, 2024, KAHER Unit 05 of KAHER INSTITUTE OF PHYSIOTHERAPY commemorated Dr. Prabhakar Kore Sir's birthday by organizing an awareness talk on "**Prevention of Dengue**" at a secondary school in Islampur. Postgraduate students led the informative session, benefiting **80** students from 8<sup>th</sup> and 9<sup>th</sup> standard and staff members.



## FUMIGATION DRIVE AT GOVERNMENT HIGH SCHOOL AND PHC (1<sup>st</sup> AUGUST, 2024)

On August 1, 2024, KAHER Unit 05 of KAHER INSTITUTE OF PHYSIOTHERAPY celebrated Dr. Prabhakar Kore Sir's birthday by conducting a fumigation drive at the Government High School and Primary Health Centre (PHC) in Islampur. The initiative was successfully carried out by NSS volunteers and staff.



### TALK ON DENGUE PREVENTION BY KARNATAKA GOVERNMENT OFFICIAL (TALUKA HEALTH OFFICER) (1<sup>st</sup> AUGUST,2024)

On August 1, 2024, KAHER Unit 05 of KAHER INSTITUTE OF PHYSIOTHERAPY commemorated Dr. Prabhakar Kore Sir's birthday by hosting an awareness talk on dengue at a secondary school in Islampur. A Government Official led the informative session, benefiting 80 from 8<sup>th</sup> and 9<sup>th</sup> standard students.



## RALLY ON DENGUE AWARENESS AT ISLAMPUR (1<sup>st</sup> AUGUST,2024)

On August 1, 2024, KAHER Unit 05 of KAHER Institute of Physiotherapy commemorated Dr. Prabhakar Kore Sir's birthday by conducting a rally by 2<sup>nd</sup> and 3<sup>rd</sup> standard students on dengue awareness at Islampur village. The rally was enthusiastically led by primary school students.



## INDUCTION PROGRAMME OF NEW NSS VOLUNTEERS (12<sup>th</sup> AUGUST,2024)

On the occasion of National Youth Day ,12th August 2024,KAHER NSS unit 05 of KLES Institute of physiotherapy conducted an Induction programme for new NSS Volunteers. A total of **96** students from first year BPT took the NSS oath along with 2 teaching staff.



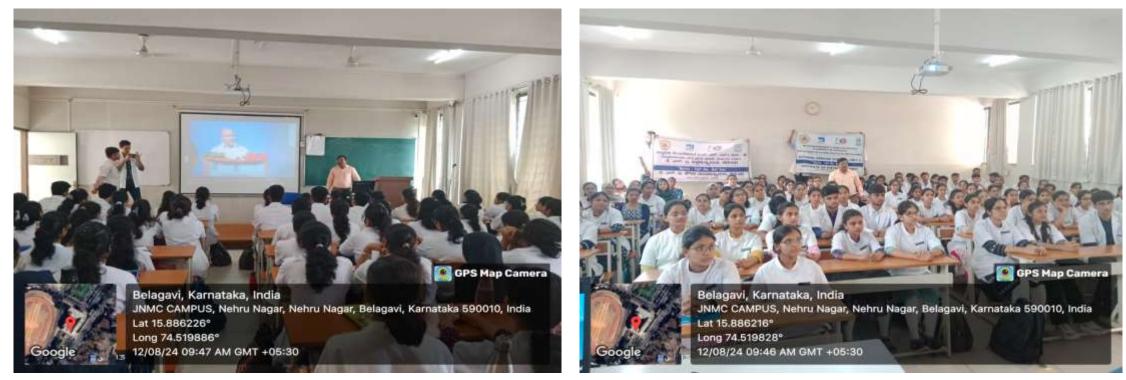
## STREET PLAY ON WORLD ORGAN DONATION DAY (13<sup>th</sup> AUGUST,2024)

On the occasion of **WORLD ORGAN DONATION DAY** on 13th August 2024, KAHERS NSS unit 05 of KLEs Institute of physiotherapy conducted street play on **AWARENESS ON ORGAN DONATION** at Central Bus Stand and Railway station. 25 volunteers participated along with 2 teaching staff .



## AWARENESS ON NASHA MUKT BHARAT (12<sup>th</sup> AUGUST 2024)

Government of India under the banner of **Nasha Mukta Bharat Abhyan**," Viksit Bharat Ka Mantra, Bharat ho Nashe Seh Swatantra" On this event Honorable Minister for Social Justice and Empowerment, Dr Verendra Kumar gave awareness talk against drugs in the campus of Modern School, Barakhamba Road New Delhi. Which was live telecasted on **12th August ,2024**. This live telecast attended by **96** NSS volunteers along with 2 teaching staff from NSS unit 05 of KLES Institute Of Physiotherapy



### OATH ON NATIONAL INTEGRITY (20<sup>th</sup> AUGUST 2024)

On 20th August 2024, KAHER NSS unit 05 of KLE'S Institute of physiotherapy conducted an oath taking ceremony on "<u>National Integrity</u>" for new NSS Volunteers. A total of **96** students from final year BPT took the NSS oath along with 2 teaching staff.



#### STREET PLAY ON LOW BACK PAIN (9<sup>th</sup> SEPTEMBER,2024)

On the occasion of **WORLD PHYSIOTHERAPY DAY**, KAHER NSS Unit 05 of KAHER Institute of Physiotherapy conducted a street play on lower back pain at KLE Independent P.U. Collige Belagavi on 9<sup>th</sup> September, 2024, total 12 participant along with 5 NSS volunteer actively participated in this event.



#### BLOOD DONATION CAMP 2024 (9<sup>th</sup> SEPTEMBER,2024)

On the occasion of **World Physiotherapy Day** NSS unit 05 of KAHER Institute of Physiotherapy organised blood donation camp on 9<sup>th</sup> September 2024, the camp was inaugurated by Dr Tejashree Pradhan Deputy Registrar care and Dr VS Veergi. A total of 130 students were screened for voluntary blood donation and <u>107 units</u> of blood were collected the NSS program and camp officer Dr Santosh Metgud and Dr R V Dharwadkar were present during the camp





### GUEST LECTURE ON ENTREPRENEURSHIP (12<sup>th</sup> SEPTEMBER, 2024)

On the occasion of **World Physiotherapy Day** KAHER NSS UNIT 05 OF KAHER Institute of Physiotherapy conducted guest lecture on entrepreneurship for first year post graduate students Dr Mahesh Kolliyavar managing director of and sales consultant was the resource person the event was supervised by NSS P.O and C.O and Dr Santosh Metgud and Dr. R.V. Dharwadkar and five NSS volunteers. A total of **40** students were benefited by the event



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## GANESH UTSAV RANGOLI COMPETITION (13<sup>th</sup> SEPTEMBER,2024)

As a part of Ganesh Utsav celebration a Rangoli competition was conducted by KAHER NSS Unit 5 of KAHER Institute of Physiotherapy to students from each class participated in this event and first prize secured by final year and second press the by third year BPT students.





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## SWACCHATA PLEDGE AT EDUCATIONAL INSTITUTION (20<sup>th</sup> SEPTEMBER,2024)

 On 20th September 2024 KAHER NSS Unit 5 of KAHER Institute of Physiotherapy conducted Swachata Pledge for primary school children and Government Higher primary Marathi school at B.K. Kangrali total 80 students along with 40 NSS volunteers took pledge.

**GPS Map Camera** 



## SCHOOL SWACCHATA (23<sup>rd</sup> SEPTEMBER,2024

On 23rd September 2024, KAHER NSS unit of KAHER Institute of Physiotherapy conducted Swacchata activity under the banner of **Swacchata Hi Seva** at Government Higher primary Marathi school B.K. Kangrali a total of **40 NSS volunteer** actively participated in this event.



## SWACCHATA AT HISTORICAL PLACE (1<sup>st</sup> October, 2024)

On 1st October 2024, KAHER NSS unit 5 of KAHER Institute of Physiotherapy conducted cleaning activity under the banner of **Swachhata Hi Seva** at historical **Shree Kamleshwar Temple** B.K. Kangrali total **40** NSS volunteer participated in this event.





### RALLY ON WORLD DISABILITY DAY (3<sup>rd</sup> DECEMBER,2024)

On the occasion of **WORLD DISABILITY DAY** KAHER'S NSS Unit 05 of KAHER Institute of Physiotherapy conducted a rally on 3<sup>rd</sup> December 2024 at Islampur by the students .Around **120** students participated in this event.



### POSHAN MAHA INITIATIVE BY PRIME MINISTER SHRI NARENDRA MODI (3<sup>rd</sup> DECEMBER,2024)

On the occasion of **WORLD DISABILITY DAY** KAHER Unit 05 of KAHER Institute of Physiotherapy conducted a Poshan Maha activity among students OF 5<sup>TH</sup> and 6<sup>th</sup> standard and created awareness about healthy eating habits .A total of **70** students were benefitted by this activity.







## **KLES INSTITUTE OF PHYSIOTHERAPY NSS UNIT- 5**

REPORT ON ANNUAL MEGA CAMP 2024-25 HELD AT ISLAMPUR (2<sup>nd</sup> TO 8<sup>th</sup> DECEMBER 2024)

#### CAMP SCHEDULE FROM 2<sup>nd</sup> T0 8<sup>th</sup> DEC 2024

			<b>_</b> 1	
SR. NO.	DATE	ACTIVITY	STAFF DEPUTED	STUDENTS
	02/12/2024 Monday	<ul> <li>Activity</li> <li>1)Inauguration programme</li> <li>2)Awareness about camp activities</li> <li>3) Survey on :</li> <li>Fall risk assessment</li> <li>Awareness and knowledge of cancer in community</li> <li>Community level survey on quality of life</li> <li>Menstrual hygiene</li> </ul>	Dr Vijay Kage Dr. Santosh M. Dr. Ganesh B R Dr Arati Mahisale Dr. Raghvendra Dr. Pooja Dr. Sayali Paatil	Ms.Ramchandra Ms.Purva Mr.Amey Naik Ms Anushka Salunke Mr.Manoj Pappu Ms.Netra Avadhani Ms. Shruti Dere Ms. Sakshi RM
		<ul> <li>4) Free physiotherapy treatment camp</li> <li>5)Tree plantation</li> <li>6) Orthopaedic checkup</li> <li>7)Games for school students: Dog and the bone, triple leg race</li> </ul>		Mr.Ojas Deolikar Mr. Pushkar Kulkarni And 18 final year students

2.	03/12/2024	1)Free PT treatment	Dr. Santosh M.	Ms.Ramchandra
	Tuesday	2)Free dermatology treatment	Dr. Anik Muragod	Ms.Purva
		3) Survey on	Dr. Anand	Mr.Amey Naik
		Fall risk assessment	Heggannavar	Ms Anushka Salunke
		Knowledge about cancer in community	Dr. Raghvendra	Mr.Manoj Pappu
		and quality of life	Dr. Vinuta H	Ms.Netra Avadhani
		Community level survey on quality of	Dr. Priya Mohite	Ms. Shruti Dere
		life		Ms. Sakshi RM
		Menstrual hygiene		Mr.Ojas Deolikar
		4) Awareness on waste management		Mr. Pushkar Kulkarni
		5) Awareness of hospital scheme among		And 18 final year
		students		students
		6) Tree plantation		
		7)Games for school students :Quiz, Dance		
		game		

	DAY 3			
3.	04/12/202	1)Free PT treatment	Dr. Santosh M.	Ms.Ramchandra
	4	2)Free ENT consultation	Dr. Peeyoosha	Ms.Purva
	Wednesda	3) Survey on:	Gurudut	Mr.Amey Naik
	У	Fall risk assessment	Dr. Bsavaraj M	Ms Anushka
		Awareness and knowledge of cancer in community	Dr. Raghvendra	Salunke
		<ul> <li>Community level survey on quality of life</li> </ul>	Dr.Anjana Javali	Mr.Manoj Pappu
		Menstrual hygiene	Dr. Vasudha	Ms.Netra
		4) first aid awareness on dog bite , snake bite, and RTA.	Siddappa	Avadhani
		5) Awareness of hand hygiene among students		Ms. Shruti Dere
		6) Tree plantation		Ms. Sakshi RM
		7) Awarenes on behavioural disorders in pediatric age		Mr.Ojas Deolikar
		group		Mr. Pushkar
				Kulkarni
		8) Awareness about environment protection		And 18 final year
		9)Activities for school students - craft, singing ,short film		students

05/12/2024 Thursday

4.

#### 1)Free PT treatment

- 2)Free ophthalmology consultation3) Survey on :
- Fall risk assessment
- Awareness and knowledge of cancer in community
- Community level survey on quality of life
- Menstrual hygiene
- 4)Cleaning activity at PHC
- 5) Awareness about science experiment among students
- 6) Tree plantation

Ms.Ramchandra Dr. Santosh M. Dr. Varun Naik Ms.Purva Dr. Ashwini Mr.Amey Naik Bulbuli Ms Anushka Salunke Dr. Raghvendra Mr.Manoj Pappu Dr. Neha Mulla Ms.Netra Avadhani Dr. Sanjana Ms. Shruti Dere Pammannavar Ms. Sakshi RM Mr.Ojas Deolikar Mr. Pushkar Kulkarni And 18 final year students

5.	06/12/20	1.)Free Physiotherapy treatment	Dr. Santosh	Ms.Ramchandra
	24	2.)Free Dental consultation	M.	Ms.Purva
	Friday	3.)Survey on	Dr. Dhaval	Mr.Amey Naik
		•Fall risk assessment	Chivate.	Ms Anushka
		<ul> <li>Awareness and Knowledge of Cancer in community</li> </ul>	Dr. Raghvendra	Salunke
		<ul> <li>Community level Survey on quality of life</li> </ul>	Dr. Mehreen	Mr.Manoj Pappu
		Hygiene		Ms.Netra
		4.)Oral Cancer Awareness among villagers	Dr. Soumya H	Avadhani
		5.)Awareness about Geriatric exercise among villagers	Dr. Shraddha	Ms. Shruti Dere
		6.)Awareness about Hand Hygiene for primary school	К	Ms. Sakshi RM
		students		Mr.Ojas Deolikar
		7) Awareness About traffic signs and rules for primary		Mr. Pushkar
		school staff		Kulkarni
		8) Awareness on Dental Hygiene among primary		And 18 final year
		students		students
		9) Games for school students : Hop race Dodge the		

1.)Free Physiotherapy treatment Ms.Ramchandra 6. 07/12/2024 Dr. Santosh M. 2.)Free OBG consultation Saturday Dr. Aarati Ms.Purva Welling 3.)Survey on Mr.Amey Naik Dr. Vinuta •Fall risk assessment Ms Anushka Salunke Deshpande •Awareness and Knowledge of Cancer in Mr.Manoj Pappu Dr. Varsha community Ms.Netra Avadhani Huddar •Community level Survey on quality of life Ms. Shruti Dere Dr. Raghvendra Menstrual hygiene Ms. Sakshi RM Dr. Vijaylalkshmi 4.) Awareness on Menstrual Hygiene Mr.Ojas Deolikar 5) Tree plantation Mr. Pushkar Kulkarni 6)Games for school students : Volleyball And 18 final year Kho kho ,Memory game, Puzzle Number students ,Clap game 7) Prize distribution

7.	08/12/2024	1)	Cleanin	
	Sunday		panchay	
		2)	Tree pla	

3)

Cleaning activity at PHC, School, panchayat office.	Dr. Santosh M. Dr. Raghvendra
Tree plantation	
Cricket among village children	

Ms.Ramchandra Ms.Purva Mr.Amey Naik Ms Anushka Salunke Mr.Manoj Pappu Ms.Netra Avadhani Ms. Shruti Dere Ms. Sakshi RM Mr.Ojas Deolikar Mr. Pushkar Kulkarni And 18 final year students

#### Day 1 **Inauguration Awareness about camp activities, Tree plantation, Orthopaedic checkup**

• The camp was inaugurated by Dr Rahul Medical Officer PHC along with head master primary school Islampur. During this event members and secretaries of panchayat along with Dr.Santosh Metgud NSS program officer, Dr.Raghavendrasingh Dharwadkar camp officerer were present

















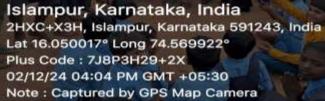








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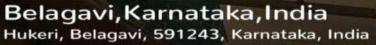
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#### Day 2

# Free PT treatment, dermatology treatment, waste management, hospital schemes, tree plantation, quiz, dance game.





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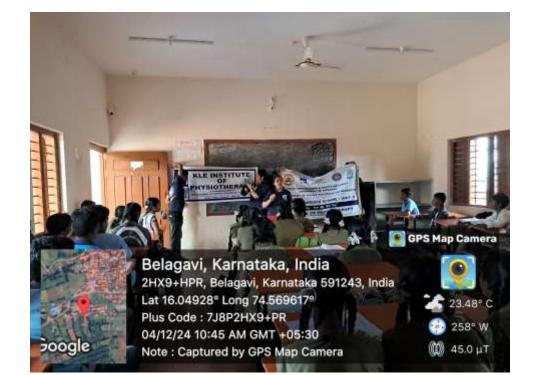
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### DAY 3 Free PT treatment ,ENT Consultation ,survey, First aid awareness , tree plantation, awareness on behavioural disorder, school activities











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### DAY 4 Free PT treatment, free opthal treatment, survey, cleaning at PHC, science experiments, tree plantation

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### DAY 5

# Free PT treatment, dental consultation, survey, hand hygiene, awareness on traffic sign, dental hygiene , activities for school students.



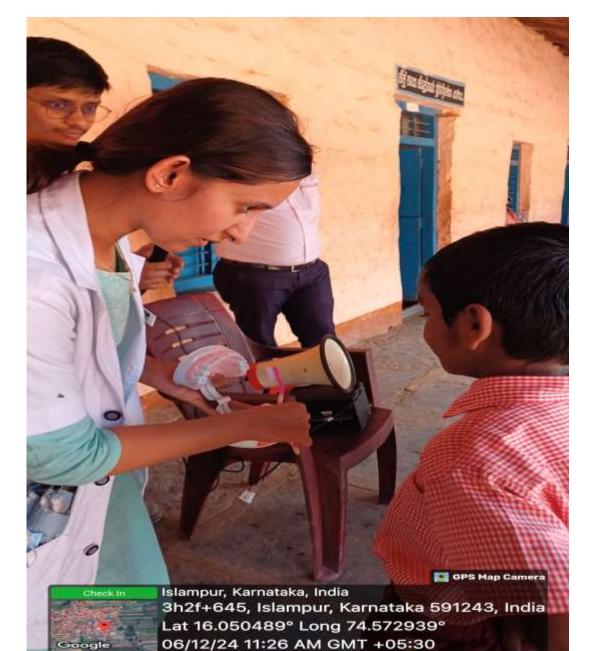




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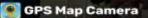


## DAY 6 Free PT treatment , survey,tree plantation, games for students, prize distribution.

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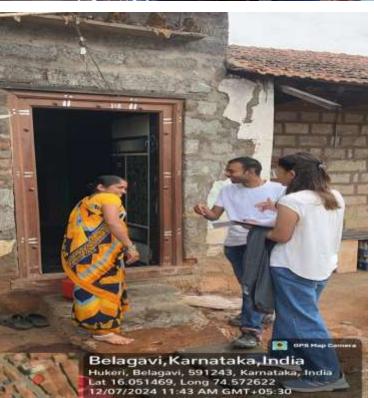


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### DAY 7 cleaning activity at PHC, Panchayat office, tree plantation





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## EXPENDITURE REPORT FOR MEGA CAMP

- Total amount sanctioned to NSS unit 5 was Rs 40000
- Amount utilized for NSS mega camp was Rs 39648

#### NSS UNIT 05 KAHER Institute Of Physiotherapy

Expenditure statement for NSS Annual Mega Camp 2024-25 at Islampur

#### (From 2<sup>nd</sup> to 8<sup>th</sup> December 2024)

S.NO	PERTICULARS	AMOUNT	REMARKS
1.	Gas store rend	10501-	RS Isolday
2	Onion 20 Kg	10001-	
3.	Potato 10 Kg	4001-	1.1
4.	Garlie Ikg	4501-	
5	Ginger 1/2 Kg	1001-	
6.	Vegitables	6401-	
7	Grocery (Songars stores)	10 854	1.19.74
8	Coconut	2601-	
9.	Grocony (Istampur)	8631-	
10.	Sutal (Rope)	201-	
11-	Vegitables	2001-	
12.	Vegitables	2901-	
13.	Churmurs, Mixtre	350%	1. 6
14.	Vegitables	130 F	
15	Grocery (Kadli Hitte)	.150F	
16	Vegitables (Tomate + onionce)	3601-	
17.	Grocery	4301-	
18.	Wheat Frous SKA	2701-	
19	Loheat Flow skg	2701-	
20	LPG Cylinder Rogil	1000	1-

S.NO PERTICULARS		AMOUNT	REMARKS	
21	Invitations 9 Pamphlets	1500/-	1046	
22	Plates	601-	2 Packs	
23	Tissue Paper	301-	1 Pack	
24	Tea cups	501-	1 Pack	
85	Spoons	501-	1 Pack	
26	Pooja oil	401-	1 bottle	
27	Brooms	1001-	2	
28	Water bottle	901-	9	
29	Flowers	201-	4	
30	Colour Xerox	64	6	
31	Chart Paper	211-	2	
32	Sketch Pen	101-	1	
33	Gipto (Stationary)	4496/-	100	
34	Gibta ( Stuff)	1516/-	29	
35	Chiwda / Farsan	50/-	250 gm	
36	Plates	2201-	7	
37	Tea cups	2001-	5	
38	Spoons	1951-	3	
54	Tissue Paper	1501-	3	
0	Card & MILIK	2302		
J.	Mike, card ElGrocery	300+		
1/21	Milk goord	100 F	NAME OF BRIDE	

42	Vegitables + Sandagi	3201-
43	Grocery	2801
44	Black Vatani	901-
45	Mixture	2001-
46	Milks Card	1001-
47	Sait	201-
48	Onion, curry leaves	2201-
49	Vesitables	1504
50		1801-
SI	Groceny + vegitables	2401-
52	U U U U U U U U U U U U U U U U U U U	30 (-
53	Miscellaneous	15001-
54	Saplings	6001-
55	N.S.S Certificates	15001-
56	Printing & stationory	25001
57	Edible Dil tind grocery	11471-
58	500)1, poha, (Break Jangroces)	10001-
	75.47	

Dr Santosh Metgud OD

NSS Program officer NSS UNIT 05

Drop

Dr R.V. Dharwadkar NSSCamp Officer

NSS UNIT 05

## **NEW INITIATIVES**

PURCHASED UTENSILS FOR CAMP PURCHASED WIRELESS SPEAKERS WITH MIC WITH KARAOKE STARTED PROVIDING BREAKFAST FOR THE NSS VOLUNTEERS ISSUED NSS CERTIFICATE OF APPRECIATIONS FOR STAFF, STUDENTS AND VOLUNTEERS

💽 GPS Map C

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Google

Islampur, Karnataka, India 2HX9+MFM, Islampur, Karnataka 591243, India Lat 16.049124° Long 74.568447° Plus Code : 7J8P2HX9+J9 02/12/24 10:06 AM GMT +05:30 Note : Captured by GPS Map Camera





**KLE ACADEMY OF HIGHER EDUCATION & RESEARCH, BELAGAVI** Accredited 'A+' Grade by NAAC (3" Cycle) & Placed in Category 'A' by MoE (Gol) KLI INSTITUTE OF PHYSIOTHERAPY **NSS SPECIAL ANNUAL MEGA CAMP 2024-25** Certificate of Appreciation This is to Certify that Mr / Mrs / Ms / Dr... participated & contributed towards National Service Scheme Special Annual Mega Camp held on 2<sup>nd</sup> to 8<sup>th</sup> December 2024 at Islampur Village, Belagavi, Karnataka. **Dr Santosh Metgud** Dr R.V. Dharwadkar Dr Sanjiv Kumar Dr Ashwini Narasannavar N.S.S PROGRAM OFFICER N.S.S. CAMP OFFICER N.S.S. CO-ORDINATOR PRINCIPAL

KAHER, BELAGAVI

KIPT, BELAGAVI

KIPT, BELAGAVI

KIPT, BELAGAVI

## Future plan of activities

SR.NO	DATE	NAME OF ACTIVITY
1	12 <sup>th</sup> January 2025	NATIONAL YOUTH DAY
2	26 <sup>th</sup> January 2025	REPUBLIC DAY
3	30 <sup>th</sup> January 2025	ANTI-LEPROSY DAY
4	4 <sup>th</sup> February 2025	WORLD CANCER DAY
5	10 <sup>th</sup> February 2025	NATIONAL DEWORMING DAY
6	11 <sup>th</sup> February 2025	INTERNATIONAL EPILEPSY DAY
7	8 <sup>th</sup> March 2025	INTERNATIONAL WOMAN'S DAY
8	10 <sup>th</sup> March 2025	NATIONAL GDM AWARENESS DAY
9	24 <sup>t h</sup> March 2025	WORLD TUBERCULOSIS DAY
10	7 <sup>th</sup> April 2025	WORLD HEALTH DAY
11	14 <sup>th</sup> April 2025	AYUSHMAN BHARAT HEALTH AND WELLNESS CENTER DAY

## FUTURE PLAN OF ACTIVITIES

SR NO.	DATE	NAME OF ACTIVITY
12	24 <sup>th</sup> -30 <sup>th</sup> April 2025	WORLD IMMUNIZATION WEEK
13	28th May 2025	MENSTRUAL HYGIENE DAY
14	28 <sup>th</sup> May -8 <sup>th</sup> June 2025	INTENSIFIED DIARRHOEA CONTROL FORT NIGHT
15	31 <sup>st</sup> May 2025	WORLD NO TOBACCO DAY
16	14 <sup>th</sup> June 2025	WORLD BLOOD DONOR DAY
17	21 <sup>st</sup> June 2025	INTERNATIONAL YOGA DAY
18	26 <sup>th</sup> June 2025	INTERNATIONAL DAY AGAINST DRUG ABUSE



### **"NOT ME BUT YOU"**

